Forever Yours



拍数: 64 墙数: 4 级数: Intermediate

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音乐: Even If I Tried - Emilio



FORWARD SHUFFLE, TURNING SHUFFLES

1&2	Shuffle forward (right, left, right)
3&4	Shuffle forward (left, right, left) making a ½ turn to the right on these steps
5&6	Shuffle back (right, left, right) making a ½ turn to the right on these steps
7&8	Shuffle in place (left, right, left) making a ½ turn to the right on these steps

OUT-OUT, IN-IN, SWIVETS

& 9	Step to the right on right foot, step left foot about shoulder width apart from right
10	Hold and clap hands
&11	Step right foot to home, step left foot next to right
12	Hold and clap hands
13-14	On heel of right foot and ball of left foot, swivel right toes to the right and left heel to the left: swivel right toes and left heel to center
15-16	Shift weight to heel of left foot and ball of right foot, swivel left toes to the left and right heel to the right: swivel left toes and right heel to center

OUT-OUT, IN-IN, POINT, CROSS, UNWIND

&17	Step to the right on right foot, step left foot about shoulder width apart from right
18	Hold and clap hands
&19	Step right foot to home, step left foot next to right
20	Hold and clap hands
21-22	Touch right foot to the right, cross right foot over left
23-24	Unwind ¾ turn to the left and shift weight to left foot

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP

25&26	Side shuffle to the right (right, left, right)
27-28	Step back on left foot, rock forward onto right foot
29&30	Side shuffle to the left (left, right, left)
31-32	Step back on right foot, rock forward onto left foot

SIDE SHIMMIES, CROSSES, UNWINDS

33-34	Bend knees and step to the right on right foot while shimmying shoulders, continue shimmying shoulders
35-36	Cross left foot over right, unwind ½ turn to the right and shift weight to right foot
37-38	Bend knees and step to the left on left foot while shimmying shoulders, continue shimmying shoulders
39-40	Cross right foot over left, unwind ½ turn to the left and shift weight to left foot

SIDE SHIMMIES, CROSSES, UNWINDS	
41-42	Bend knees and step to the right on right foot while shimmying shoulders, continue shimmying shoulders
43-44	Cross left foot over right, unwind ½ turn to the right and shift weight to right foot
45-46	Bend knees and step to the left on left foot while shimmying shoulders, continue shimmying shoulders
47-48	Cross right foot over left, unwind ½ turn to the left and shift weight to left foot

MONTEREY TURNS TO THE RIGHT

49-50	Touch right toe to the right, pivot ½ turn to the right on ball of left foot and step right foot next to left
51-52	Touch left toe to the left, step left foot next to right
53-54	Touch right toe to the right, pivot ½ turn to the right on ball of left foot and step right foot next to left
55-56	Touch left toe to the left, step left foot next to right
·	CROSSES, UNWINDS Tap right heel forward twice
57-58	Tap right heel forward twice
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57-58	Tap right heel forward twice Cross right foot over left, unwind ½ turn to the left on ball of left foot and shift weight to right

REPEAT