40 Weeks (P)



编舞者: Unknown

音乐: Any Slow Shuffle Beat



Position: Closed Western Man facing LOD Lady's steps shown

1-2	Step right to right side, cross left behind right
3-4	Step right to right side, touch left beside right
5-6	Step left to left side, cross right behind left
7-8	Step left to left side, touch right beside left

Man does left vine, right vine

9-12 LADY: Shuffle back on next four shuffles right, left, right, left

MAN: Shuffle forward left, right, left, right

At this point drop left hand, raise right to turn over right shoulder into side by side position

13-16 **LADY:** Shuffle left, right, left, right

MAN: Shuffle on spot right, left, right, left)

On next four shuffles raise both arms so lady can shuffle "around the world" behind man. Arms now crossed in front

17-24 LADY: Shuffle right, left, right, left

MAN: Shuffle slightly forward to allow lady to go around behind you left, right, left, right

25-26 Step right forward, lock left behind right

27-28 Step right forward, scuff left forward (man on opposite feet)

29-30 Step left forward, lock right behind left

31-32 Step left forward, scuff right forward (man on opposite feet)

33&34 MAN: Shuffle slightly forward as you turn lady back into closed western position left, right, left

LADY: Shuffle forward turning left back into closed western position on right, left, right

REPEAT