Free For A Moment

拍数: 48   **墙数:** 4   **级数:** Intermediate waltz
编舞者: Stephen Paterson (AUS)
音乐: Under the New Moon - Beccy Cole

RIGHT COASTER, STEP QUARTER CROSS
1-2-3   Step back onto right, step left beside right, step forward onto right
4-5-6   Step forward onto left, pivot ¼ right finishing with weight over right, step left across right

SIDE HINGE HOOK, FORWARD COASTER LEFT
1-2-3   Step right out to right side, hook left heel across right shin while hinge turning ¾ left over two counts
4-5-6   Step forward onto left, step right beside left, step back onto left

QUARTER SWAY RIGHT, SWAY LEFT
1-2-3   Turn ¼ right to step right out to side swaying hips to right, hold, hold
4-5-6   Rock weight onto left swaying hips to left, hold, hold

ROLL RIGHT ONE AND A QUARTER, VINE LEFT
1-2-3   Turn ¼ right step forward onto right, turn ½ right step back onto left, turn ½ right step forward onto right
4-5-6   Step left out to left side, step right behind left, step left out to left

ROCK ACROSS, HOLD, HOLD, RECOVER, SIDE, CROSS
1-2-3   Rock right across in front of left, hold, hold
4-5-6   Recover back onto left in place, step right out to right side, step left across in front of right

SIDE, TUCK, UNWIND, FORWARD, DRAG, CHANGE WEIGHT
1-2-3   Step right out to right side, touch left toe behind right heel unwind ½ left taking weight onto left
4-5-6   Step forward onto right, drag left foot up to beside right, take weight onto left
Restart from here on walls 2 and 6

BACK SLOW SWEEP, BACK SLOW SWEEP
1-2-3   Step back onto right slightly behind left, sweep left toe around and back taking two counts
4-5-6   Step back onto left slightly behind right, sweep right toe around and back taking two counts

BEHIND SIDE ROCK, CROSS, QUARTER, LOCK
1-2-3   Step right behind left, step left out to left side, recover weight onto right foot in place
4-5-6   Step left across in front of right, turn ¼ left to step back onto right, lock step left back over right

REPEAT

RESTART
On walls 2 and 6, dance up to count 36, then restart. You will be restarting to the 9:00 wall for the first restart and to the front wall for the second restart

FINISH
Dance up to count 21, then step left to left side, drag right to left