50,000 Names



拍数: 32 墙数: 4 级数: Intermediate

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音乐: 50,000 Names - Jamie O'Hara



ROCK FORWARD/BACK, &(HALF) PIVOT HALF-TURN, ROCK FORWARD/BACK, & (QUARTER) PIVOT HALF-TURN

1-2&3-4 Rock/step right forward, rock back on left, turning ½ turn right step right beside left, step left

forward, turn ½ turn right transferring weight to right

5-6&7-8 Rock/step left forward, rock back on right, turning ¼ turn left step left beside right, step right

forward, turn ½ turn left transferring weight to left

SHUFFLE FORWARD, PIVOT HALF-TURN, FORWARD, FULL TURN LEFT, FORWARD, FULL TURN RIGHT

1&2-3-4 Shuffle forward right, left, right, step left forward, turn ½ turn right transferring weight to right

1&2-3&4 Step left forward, step slightly forward and spin full turn left on ball of right, step left beside

right, step right forward, step slightly forward and spin full turn right on ball of left, step right

beside left

ROCK FORWARD/BACK, TURN ONE & A HALF, & BACK ROCK, & BACK ROCK

1-2-3&4 Rock/step left forward, rock back on right, turning ½ turn step left forward, turning a further full turn step right, left

&5-6&7-8 Quickly step right to side, rock/step left behind right, rock forward on right, quickly step left to

side, rock/step right behind left, rock forward on left

& (QUARTER) SHUFFLE BACK, 1 1/4 TRIPLE TURN, & SIDE ROCK & BACK ROCK, &

&1&2-3&4 Turning ¼ turn left step right back, shuffle back left, right, left, turning ½ turn right step right forward turning a further ½ turn right guickly step left back, turning a further ¼ turn right step

right to side

&5-6&7-8& Quickly step left beside right, rock/step right to side, rock on to left in place, step right beside

left, rock/step left back, rock forward on right, quickly step left beside right

REPEAT