

Fighter

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: Fighter - Christina Aguilera



KICK-BALL-CHANGE, KNEE POPS, SIDE SWITCHES, LARGE STEP, TOGETHER

1&2 Kick right forward, step right slightly forward, step left beside right
&3&4 Pop knees forward twice by raising heels (up, down, up, down)
5&6& Point right to right, step right beside left, point left to left, step left beside right
7-8 Step right large step forward (lead with right heel and lean body back), step left beside right

ROCK, ¼ TURN, ½ TURN, BACK-ROCK-SIDE, BACK-ROCK-SIDE

9-10 Rock forward on right, recover back on left
11-12 Make ¼ turn right and step right to right, make ½ turn right and step left to left
13&14 Rock right behind left, recover on left, step right to right
15&16 Rock back on left, recover on right, step left to left

SIDE SHUFFLE, ¼ TURN, LARGE STEP, TOUCH, SIDE SWITCHES, LARGE STEP, TOUCH

17&18 Step right to right, step left beside right, step right to right
&19-20 Make ¼ turn right, step left large step left, drag right to touch beside left
21&22 Point right to right, step right beside left, point left to left, step left beside right
23-24 Step right large step right, drag left to touch beside right

TOUCH, ¼ TURN HEEL RAISE, TOUCH, ½ TURN HEEL RAISE, COASTER, ½ PIVOT

25&26 Touch left to left, raise heels and pivot ¼ turn left on balls of feet, lower heels (weight on left)
27&28 Touch right forward, raise heels and pivot ½ turn left on balls of feet, lower heels (weight on right)
29&30 Step left back, step right beside left, step left forward
31-32 Step right forward, pivot ½ turn left

REPEAT

RESTART

During wall 4 dance counts 1-16 and then restart. You will be facing the front wall.