

拍数: 32 墙数: 4 级数: Intermediate/Advanced

编舞者: Steve Aylwin (UK) 音乐: Fingers - P!nk



HEEL SWIVELS, RIGHT HITCH, HEEL SWIVELS, LEFT HITCH, RIGHT HITCH, LEFT PRESS, FLICK 1/4 TURN LEFT

1&	With weight on balls of feet, swivel heels outwards, return to center
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2& Hitch right knee, step right in place

3& With weight on balls of feet, swivel heels outwards, return to center

4& Hitch left knee, step left in place

5&6 Hitch right knee, step in right in place, hitch left knee

7-8 Press left to left side, recover weight onto right with ¼ turn left flicking left foot forward

SHUFFLE, STEP TURN STEP, FULL TURN RIGHT, KNEE ROLLS

1&2	Left shuffle forward	(left, right, left)

3&4 Step forward on right, pivot ½ turn left, step forward on right

5&6 ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left

7-8 Roll right knee outwards, roll left knee outwards

HEEL JACKS, RIGHT MAMBO FORWARD, LEFT COASTER STEP

&1&2	Step back on right, dig left heel diagonally forward left, step left in place, step right in place
&3&4	Step back on left, dig right heel diagonally forward right, step right in place, step left in place

Rock forward on right, recover weight onto left, step right next to left

7&8 Step back on left, step right next to left, step forward on left

$\ensuremath{^{1\!\!/}}$ TURNS WITH HOPS, STEP BACK RIGHT, CROSS STEP LEFT OVER RIGHT, UNWIND $\ensuremath{^{1\!\!/}}$ TURN RIGHT

1&2	With feet in place make ½ turn left by doing 3 small hops, feet apart on 3rd
3&4	With feet in place make ½ turn right by doing 3 small hops, feet apart on 3rd

5-6 Step back on right, cross step left over right

7-8 Unwind ½ turn right making sure weight ends up on both feet

REPEAT

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At end of 8th wall (facing 12:00 wall) include following 8 counts then restart dance:

1-2	1/4 turn left stepping right to right side, touch left behind right
3-4	1/4 turn left stepping forward on left, touch right behind left
5-6	1/4 turn left stepping right to right side, touch left behind right
7-8	1/4 turn left stepping forward on left, step right next to left

TAG

Dance up to count 14 on 10th wall, replace knee rolls and rest of dance with following:

&1-2 Step right in place, cross step left over right, unwind ½ turn right over 1 and a 'bit' counts **Then restart dance**