First Reaction

拍数: 32

级数: Beginner

编舞者: Jan Brookfield (UK)

音乐: Chain Reaction - Diana Ross

"SUPREMES" RIGHT AND LEFT

1-4 With body angled slightly to right step right to side, close left to right, step right to side, touch left next to right and clap

Move arms forward and back at waist level like the Supremes used to!

5-8 With body angled slightly left step left to side, close right to left, step left to side, touch right next to left and clap

Move arms forward and back at waist level like the Supremes used to!

STEP, CLICK, STEP WITH HALF TURN, CLICK, KICK-BALL-CHANGE, SIDE ROCK

- 9-10 Step right to side, hold & click fingers
- 11-12 Making half turn to right, step left to side, hold & click fingers
- 13&14 Kick right forward, step back slightly on right, step on left in place
- 15-16 Step on right to side, rock weight onto left in place

MODIFIED JAZZ BOX WITH QUARTER TURN SHUFFLE, ROCK STEP, COASTER STEP

- 17-18 Step right across in front of left, step left back
- 19&20 Shuffle on right, left, right making a quarter turn to right
- 21-22 Rock forward on left, step back on right
- 23&24 Step back on left, step on right next to left, step forward on left

ROCK STEP, COASTER STEP, STEP HALF PIVOT, HALF TURN SHUFFLE

- 25-26 Rock forward on right, step back on left
- 27&28 Step back on right, step left next to right, step forward on right
- 29-30 Step forward on left, pivot half turn to right (weight now on right)
- 31&32 Shuffle on left, right, left making another half turn to right

REPEAT





4

墙数:4