Floating Away

拍数: 0

级数: Improver

编舞者: Fred Buckley (CAN)

音乐: Sea Cruise - The Dean Brothers

Sequence: AAAB AAAB AAAB AAB AA

PART A

SHUFFLE SIDE RIGHT, ROCK BACK, RECOVER, TOE HEEL STRUTS

- Step right to right side, close left beside right, step right to right side 1&2
- 3-4 Rock back on left, recover on right
- 5-6 Touch left toe to left side, drop heel
- 7-8 Cross right toe over left, drop heel

SHUFFLE SIDE LEFT, ROCK BACK. RECOVER, TOE HEEL STRUTS

- 1&2 Step left to left side, close right beside left, step left to left side
- 3-4 Rock back on right, recover on left
- 5-6 Touch right toe to right side, drop heel
- 7-8 Cross left toe over right, drop heel

ROCK FORWARD, RECOVER, BACK COASTER STEP, ROCK FORWARD, RECOVER, ¼ TURN SHUFFLE LEFT

- 1-2 Rock right forward on right diagonal, recover on left
- 3&4 Step back right, step left beside right, step right forward
- 5-6 Rock forward on left diagonal, recover on right
- Step left to left side making 1/4 turn left, close right beside left, step left forward 7&8

ROCK FORWARD, RECOVER, ½ TURN SHUFFLE RIGHT, WALKS FORWARD, SHUFFLE FORWARD

- 1-2 Rock forward on right, recover on left
- 3&4 Step right back making 2 turn right, close left beside right, step right forward
- 5-6 Walk forward, left, right

Alternative: step forward left making 2 turn to right, step forward right making 2 turn to right

7&8 Step left forward, close right beside left, step left forward

PART B

STEP OUT OUT, HOLD, IN IN, HOLD, HIP BUMPS

- &1-2 Step right to right side (&), step left to left side (1), hold (2)
- &3-4 Step right in (&), step left beside right (3), hold (4)
- 5-8 Bump hips right, left, right, left (with attitude)

Special thanks to Robert Fielder for giving me the inspiration to write a new dance and of course to my special friend Vivienne Scott for giving the dance a title and formatting the step sheet

This dance was written for Val Keller's 'Dancing for Miracles' Workshop in Wasaga Beach, Sept. 10-12/04





墙数:4