

编舞者: Stephanie Mountford (UK)

音乐: Fly By - Blue



ROCK FORWARD FULL TRIPLE RIGHT TURN, POINT CROSSES

1-2	Rock forward on right, back on left
3&4	Turn full turn right, stepping right, left, right
5-6	Point left to left side, cross step left over right
7-8	Point right to right side, cross step over left

STEP ½ TURN RIGHT, POINT CROSSES, STEP ½ TURN RIGHT

1-2	Step forward on left, pivot ½ turn right
3-4	Point left to left side, cross step left over right
5-6	Point right to right side, cross step right over left
7-8	Step forward left, pivot ½ turn right

LEFT SIDE ROCK, BEHIND SIDE CROSS, RIGHT SIDE ROCK, BEHIND SIDE CROSS, WITH 1/4 TURN

LEFT	
1-2	Rock left to left side, rock weight back onto right
3&4	Cross step behind right, step right to right side, cross left foot over right

5-6 Rock right foot to right side, rock weight back onto left

7&8 Cross step right behind left, step left to left side, cross right foot over left as you make a 1/4

turn left

STEP PIVOT ½ TURN RIGHT, KICK AND STEP AND CROSS ROCK LEFT, RIGHT, LEFT

1-2	Sten forward left	pivot ½ turn right
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3&4 Kick left foot forward, step down left, step down right next to left

&5 Step left behind right, cross step right over left

6-7-8 Rock left to left side, rock right to right, rock left to left side

REPEAT

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After walls 4 and 7

RIGHT ROCK FORWARD, RIGHT COASTER STEP

1-2 Rock forward on right foot, rock back on left

3&4 Step back on right, step left next to right, step forward on right

LEFT ROCK FORWARD, LEFT COASTER STEP

5-6 Rock forward on left, rock back on right

7&8 Step back on left, step right next to left, step forward on left

When the music goes slow, don't let it put you off. Just keep to the beat of the music