

Extended Reel

拍数: 24 墙数: 4 级数: waltz
编舞者: Steve Hart (USA)
音乐: Cry of the Celts - Ronan Hardiman



Begin with Tin Whistle (Count 13 of 3/4 Section)

This dance was written as an intro to the Electric Reel by Robert & Regina Padden. Mix #1 on the Lord of the Dance disk has a very dramatic introduction, followed by 120 counts of 3/4 music, then the Cry of the Celts that we are all familiar with. This dance uses those 120 counts.

&, CROSS, RIGHT, BEHIND, RIGHT, ROCK, TOGETHER

- &-1 Step right foot back, cross left foot in front of right
- 2 Step right foot to right side
- 3 Cross left foot behind right
- 4 Step right foot to right side
- 5 Rock onto left foot
- 6 Cross right foot behind left

&, CROSS, LEFT, BEHIND, LEFT, ROCK, SHUFFLE

- &-1 Step left foot back, cross right foot in front of left
- 2 Step left foot to left side
- 3 Cross right foot behind left
- 4 Step left foot to left side
- 5 Rock onto right foot
- 6&-1 Left shuffle forward left, right, left)

SPIN, STEP, SHUFFLE, STEP

- 2 Step right foot forward making full turn left
- 3 Step left foot forward
- 4&-5 Right shuffle forward (right, left, right)
- 6 Step left foot forward

ROCK, TURNING SHUFFLE, STEP, PIVOT HALF, PIVOT QUARTER

- 1 Rock back on right foot
- 2&-3 Left shuffle back making half turn left
- 4 Step right foot forward
- 5 Pivot half turn left
- 6 Pivot quarter turn right

REPEAT

Do this dance for 5 rounds, then immediately begin Electric Reel choreographed by Robert & Regina Padden.