

编舞者: Phil Austin (UK)

音乐: Fantasy - George Michael



KICK, CROSS, TOUCH, STEP, TOUCH, STEP, TOUCH, KICK, STEP, TOUCH, KICK, 1/4 TURN, STEP

1&2& Kick right forward, cross right over left, touch left to side, step left to right

Touch right to side, step right to left, touch left to side Kick left forward, step left to right, touch right to side

7&8 Kick right forward, pivot ¼ turn to right and step onto right, step forward left

ROCK, RECOVER, TOUCH, 1/2 TURN, CROSS, COASTER STEP, OPTIONAL

Rock forward right, recover weight onto left, touch right toe back 3-4 Pivot ½ turn over right shoulder on left foot, cross right over left

5&6 Step back left, step right to left, step forward left

7-8 Bump/snake roll/body roll/whatever as long as you don't move and your weight remains the

same

ROCK, RECOVER, TOGETHER, STEP, STEP, BODY ROLL, SIDE, SWITCH, BODY ROLL

1-2 Rock forward right, recover weight onto left

3&4 Step right to left, step forward left, step forward right (shoulder width apart)

5-6 Angle body to left and roll shoulders then chest then stomach down

&7-8 Step left to right, step right to side and do another body roll over these two counts

ROCK, RECOVER, TOUCH, ½ TURN, CROSS, COASTER STEP, OPTIONAL

Rock forward left, recover weight onto right, touch left toe back 3-4 Pivot ½ turn over left shoulder on right foot, cross left over right

5&6 Step back right, step left to right, step forward right

7-8 Bump/snake roll/body roll/whatever as long as you don't move and your weight remains the

same

ROCK, RECOVER, STEP, TWIST, ½ TURN, TWIST, ROCK, RECOVER, STEP, TWIST, ½ TURN, TWIST

1&2 Rock forward left, recover weight onto right, step back left

Twist heels right, left, right, while making ½ turn over left shoulder, you shouldn't move from

the spot

5&6 Rock forward right, recover weight onto left, step back right

7&8 Twist heels left, right, left, while making ½ turn over right shoulder, you shouldn't move off the

spot

STEP 1/4 TURN, BEHIND, STEP, CROSS, STEP, BEHIND, POINT, BEHIND, STEP, CROSS, STEP, TOUCH

1-2 Step forward left and pivot ¼ turn to right, cross right behind left

Step left to left side, cross right over left, step left to left side, cross right behind left

5-6& Point left to left side, cross left behind right, step right to right side 7&8 Cross left over right, step right to right side, touch left next to right

ROCK, RECOVER, CROSS, SIDE, BEHIND, ROCK, RECOVER, BEHIND, SIDE, CROSS 1/4 TURN

1-2 Rock left to side, recover weight onto right

3&4 Cross left over right, step right to side, cross left behind right

5-6 Rock right to side, recover weight onto left

7&8 Cross right behind left, step left to side, cross right over left and pivot ¼ turn to left

BUMP UP, BUMP DOWN, BUMP UP, BUMP DOWN, STOMP, HOLD, DOWN AND UP

1&2	Step forward left and bump hips forward, bump hips back, bend knees and bump hips forward
&3&4	Straighten knees and bump hips back, bump hips forward, bump hips back, band knees and bump hips forward
& 5-6	Straighten knees, stomp forward right, hold
&7&8	Bend knees, stick bum out slightly as if sitting down, straighten knees, put weight onto left foot (this should look like a small, jerky body roll)

REPEAT