

# Feel Like A Woman

**COPPER KNOB**  
STEPPERS

拍数: 60      墙数: 2      级数: Intermediate  
编舞者: Tania Armstrong  
音乐: Man! I Feel Like a Woman! - Shania Twain



## STOMP, STOMP, STEP BACK, TOGETHER, SHUFFLE FORWARD, STEP, KICK

1-4      Stomp right foot next to left twice, step back onto right, step left next to right  
5&6-7-8      Shuffle forward stepping right-left-right, step forward onto left, kick right forward

## STEP BACK, STEP BACK, STEP FORWARD, TAP

1-4      Step back onto right, step back onto left, step forward onto right, tap left next to right

## FULL TURN LEFT DURING VINE LEFT, 4 HIP BUMPS

1-2      ¼ turn left stepping onto left foot, ½ turn left stepping onto right foot  
3-4      ¼ turn left stepping onto left foot, ½ turn left stepping onto right foot  
5-8      Sway hips right, left, right, left

## FULL TURN RIGHT DURING VINE LEFT, 4 HIP BUMPS

1-2      ¼ turn stepping onto right, ½ turn right stepping onto left  
3-4      ¼ turn right stepping onto right, tap left next to right  
5-8      Sway hips, left, right, left, right

## STEP FORWARD, ½ TURN RIGHT, SHUFFLE, STEP FORWARD, ½ TURN LEFT, SHUFFLE

1-2      Step forward onto left, ½ pivot turn right placing weight onto right  
3&4      Shuffle forward stepping left-right-left  
5-6      Step forward onto right, ½ pivot turn left placing weight onto left  
7&8      Shuffle forward stepping right-left-right

## WALK, WALK (WALK, WALK), SIDE ROCK, CENTER

1-6      Walk forward left, right, left, right, rock left to side, step right in place

**When facing back wall only walk forward 2 times not 4**

## ROCK FORWARD, BACK, FORWARD, SIDE ROCK, CENTER, ROCK FORWARD, BACK, FORWARD, BACK

1-2      Rock left across in front of right, rock right in place  
3-4      Rock left in place, rock right to right side  
5-8      Rock left in place, rock right across in front of left, rock left in place, rock right in place

## VINE LEFT WITH ½ TURN LEFT AND SCUFF

1-2      Step left to side, step right behind left  
3-4      ½ left stepping onto left, scuff right forward next to left

## STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, STEP FORWARD, SCUFF

1-4      Step forward onto right foot, scuff left foot next to right, step forward onto left, scuff right next to left  
5-8      Step forward onto right foot, scuff left next to right, step forward onto left, scuff right next to left

## REPEAT

To end the dance facing front, when doing step, ½ pivot turn and shuffle forward, step, ½ pivot turn and shuffle, add step, ½ pivot turn to face the front and stomp left, right

