

# Feel The Rhythm (P)

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 0      级数: Partner  
编舞者: Rick Bates (USA) & Deborah Bates (USA)  
音乐: Whole Lotta Hurt - Brady Seals



**Position: Right Open Promenade position, holding inside hands (man's right and lady's left)**

## **ROCK STEP, PIVOT, TRIPLE STEP, ROCK STEP, PIVOT, TRIPLE STEP LEFT FOOT**

1-2      **MAN:** Step forward on right foot; rock back onto  
         **LADY:** Step forward on left foot; rock back onto right foot

**Release inside hands. (man's right and lady's left)**

&      **MAN:** Pivot  $\frac{1}{2}$  turn to the right on ball of left foot  
         **LADY:** Pivot  $\frac{1}{2}$  turn to the left on ball of right foot

**Man takes up lady's right hand in his left in the Left Open Promenade Position facing RLOD**

3&4      **MAN:** Triple step in place (right, left, right)  
         **LADY:** Triple step in place (left, right, left)

5-6      **MAN:** Step forward on left foot; rock back onto right foot  
         **LADY:** Step forward on right foot; rock back onto left foot

**Release inside hand. (man's left and lady's right)**

&      **MAN:** Pivot  $\frac{1}{2}$  turn to the left on ball of right foot  
         **LADY:** Pivot  $\frac{1}{2}$  turn to the right on ball of left foot

**Man takes up lady's left hand in his right in the Right Open Promenade Position facing LOD**

7&8      **MAN:** Triple step in place (left, right, left)  
         **LADY:** Triple step in place (right, left, right)

## **SIDE STEP, BEHIND (PARTNERS SWITCH SIDES), PIVOT, FORWARD SHUFFLE, MILITARY PIVOT, PIVOT, SIDE SHUFFLE**

**Release inside hands. (man's right and lady's left). Lady passes in front of man...**

9-10      **MAN:** Step to the right on right foot; cross left foot behind right and step  
         **LADY:** Step to the left on left foot; cross right foot behind left and step

&      **MAN:** Pivot  $\frac{1}{4}$  turn to the right on ball of left foot  
         **LADY:** Pivot  $\frac{1}{4}$  turn to the left on ball of right foot

11&12      **MAN:** Shuffle forward (right, left, right)  
         **LADY:** Shuffle forward (left, right, left)

13-14      **MAN:** Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight on ball of right foot

**LADY:** Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left to right foot and shift weight to left foot

&      **MAN:** Pivot  $\frac{1}{4}$  turn to the right on ball of right foot  
         **LADY:** Pivot  $\frac{1}{4}$  turn to the left on ball of left foot

15&16      **MAN:** Shuffle to the left (left, right, left)  
         **LADY:** Shuffle to the right (right, left, right)

**Man takes up lady's right hand in his left in the Left Open Promenade Position facing LOD**

## **ROCK STEP, TRIPLE STEP, ROLLING TURN (PARTNERS SWITCH SIDES), PIVOT, FORWARD SHUFFLE**

17-18      **MAN:** Step back on right foot; rock forward onto left foot  
         **LADY:** Step back on left foot; rock forward onto right foot

19&20      **MAN:** Triple step in place (right, left, right)  
         **LADY:** Triple step in place (left, right, left)

**Release inside hands. (man's left and lady's right). Lady passes in front of man...**

21      **MAN:** Step to the left on left foot and begin a full rolling turn to the left traveling to the left

**LADY:** Step to the right on right foot and begin a full rolling turn to the right traveling to the right  
 22 **MAN:** Step on right foot and complete full rolling turn to the left  
**LADY:** Step on left foot and complete full rolling turn to the right  
 & **MAN:** Pivot  $\frac{1}{4}$  turn to the left on ball of right foot  
**LADY:** Pivot  $\frac{1}{4}$  turn to the right on ball of left foot  
 23&24 **MAN:** Shuffle forward (left, right, left)  
**LADY:** Shuffle forward (right, left, right)

#### **MILITARY PIVOT, PIVOT, SIDE SHUFFLE, ROCK STEP, TRIPLE STEP**

25-26 **MAN:** Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot  
**LADY:** Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot  
 & **MAN:** Pivot  $\frac{1}{4}$  turn to the left on ball of left foot  
**LADY:** Pivot  $\frac{1}{4}$  turn to the right on ball of right foot  
 27&28 **MAN:** Shuffle to the right (right, left, right)  
**LADY:** Shuffle to the left (left, right, left)  
**Man takes up lady's left hand in his right in the Right Open Promenade Position facing LOD**  
 29-30 **MAN:** Step back on left foot; rock forward onto right foot  
**LADY:** Step back on right foot; rock forward onto left foot  
 31&32 **MAN:** Triple step in place (left, right, left)  
**LADY:** Triple step in place (right, left, right)

**REPEAT**

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