Electric Slide (Walker)



拍数: 18 墙数: 4 级数: Beginner

编舞者: Wartan Jemian (USA) & Deloris Reynolds

音乐: Chattahoochee - Alan Jackson



SWAY VINE RIGHT, LEFT

Begin with weight on the left foot

1-2 Step right to side, slide/step left together
3-4 Step right to side, slide/touch left together
5-6 Step left to side, slide/step right together
7-8 Step left to side, slide/touch right together

MARCH BACK

1-4 Step right back, step left back, step right back, touch left together

SWAY ROCK LEFT DIAGONAL

1-2 Step left diagonally forward, slide/touch right together

3-4 Step left back, slide/touch right together

STEP KICK

1-2 Step left to side, turn ¼ left and kick right forward

REPEAT

This can be danced by persons who feel they must use walkers. The tempo and movements are planned to allow easy manipulation of a walker, with or without wheels. Experience indicates that most dancers find the ability to dance without their walkers once they become accustomed to the steps.