The Elvis Blues

拍数: 64

级数: Intermediate

编舞者: Mark Cosenza (USA)

音乐: Elvis Presley Blues - Jimmy Buffett

STEP LOCK STEP BRUSH, STEP LOCK STEP BRUSH

- Step forward right, lock left behind right, step right forward, brush left forward 1-4
- 5-8 Step forward left, lock right behind left, step left forward, brush right forward

ROCK FORWARD, ROCK SIDE, WEAVE AND HOLD

- 1-4 Rock right forward, recover left, rock right side, recover left
- 5-8 Cross right behind left, step left next to right, cross right in front of left, hold

SIDE TOUCH, SIDE, CROSS KICK, UNWIND AND POP

- 1-4 Step side left, touch right next to left, step side right, cross kick left over right
- 5 Step left foot across right
- Unwind ¾ to the right keeping weight on left 6-7
- 8 Pop forward right knee

BUMP BUMP BUMP HITCH, BUMP BUMP BUMP HITCH

Moving diagonal right and facing diagonal left

1-4 Bump hips right, left, right and move forward right, left, right, hitch & swing left to face diagonal right

Moving diagonal left and facing diagonal right

Bump hips left, right, left and move forward left, right, left, hitch & swing right to face front 5 - 8Styling option: put your hands on your hips as you bump and travel forward

ROCK FORWARD, ROCK SIDE, STEP, PIVOT, WALK, WALK (OR FULL TURN)

- 1-4 Rock right forward, recover left, rock right side, recover left
- 5-8 Step forward right, turn 1/2 left (weight to left), step forward right, step forward left
- Advanced Option:
- 7&8 Spin a full turn to the left

ROCK FORWARD, ROCK SIDE, STEP, PIVOT, WALK, HOLD

- 1-4 Rock right forward, recover left, rock right side, recover left
- 5-8 Step forward right, turn 1/2 left (weight to left), step forward right, hold

STEP DOWN, HOLD, POP RIGHT, LEFT, RIGHT, HOLD, ROCK BACK, RECOVER

- 1-4 Step left next to right, hold, pop right knee inward towards left, pop left knee inward towards right
- 5-8 Pop right knee inwards towards left, hold, rock back right, recover left

FORWARD STRUT, TURN STRUT, FORWARD STRUT, TURN STRUT

1-2 Heel/toe strut forward right

Snap right finger on count 2

- 3-4 Turn ¼ left & heel/toe strut forward left
- 5-6 Heel/toe strut forward right

Snap right finger on count 6

Turn 1/4 left & heel/toe strut forward left 7-8

Styling tip: when doing the snaps, swing your arm forward exaggerated from back to front





墙数:4

TAG

On Jimmy Buffett track only, following the end of the second wall (facing back), repeat the last 8 counts again where you will the face the front wall and begin again

ENDING (OPTIONAL)

When the beat ends, you will be on count 46 and facing the 9:00 wall. Jimmy then goes into a few notes of a capella. At this point, step right forward and slowly turn ½ to the left stepping onto your left and on the final note, step ¼ turn to the left stepping right next to left and perform your favorite elvis pose. You should be facing the front wall