

The Elvis Movie Dance

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 0 级数:
编舞者: Stephanie Beck
音乐: Elvis Movie - Stephanie Beck



SECTION A

- 1-8 (Moving forward) step right ball chain, left ball chain, right ball chain, left ball chain
- 9-12 Jump out, jump in (crossing right foot over left). Turn to the back kick right foot back bending knee
- 13-24 Repeat counts 1-12

- 25-26 (Diagonal move) step ball chain
- 27-28 Twist right, left right
- 29-30 Step left ball chain
- 31-32 Twist left, right left
- 33-56 Repeat counts 1-24

SECTION B:

HIPS AND ELVIS POSE

- 1-4 Move hips around in a circle
- 5-8 Move hips to the left. Pose with arms up in the air, right heel up & hold pose
- 9-10 Simultaneously pose right knee in toward the left & bring left arm across to the right knee
- 11-12 Repeat the same move with left knee & right arm
- 13-16 Repeat both right knee & left knee poses at double time (right on 13, left on 14, right on 15, left on 16)

SECTION C:

JAIL HOUSE ROCK MOVE

- 1-2 Turn body to the right with arms at waist side pointing right (1,2)
- 3-4 Simultaneously step left foot up to right foot and right foot one step forward with left arm circling to the left, right arm circling to the right & both arms ending up same position as before (pointing from the waist)
- 5-6 Repeat 3-4
- 7 Step left foot together with right foot bending both knees while placing both hands behind head
- 8 Turn ½ turn to the left

- 9-16 Repeat counts 1-8 except on count 8 turn ¼ turn (facing the original starting position)
- 17-18 Jump forward
- 19-20 Jump forward
- 21-24 Jazz box starting with left foot over right
- 25-32 Repeat counts 17-24
- 33-40 Repeat diagonal move for 8 counts

SECTION D

- 1-2 Step out left foot to right foot. Arms following feet simultaneously
- 3-4 Step in left foot to right foot. Arms simultaneously follow feet & go up above head
- 5-8 Repeat 1-4
- 9-10 Step right foot out rocking hips around in a circle motion
- 11-16 Repeat last step 3 times until an entire circle has been completed

SECTION E

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| 1-16 | Repeat section B |
| 17-40 | Repeat counts 25-32 of section A 3 times |
| 41-44 | Hold Elvis pose |
| 45-48 | Double time right knee. Left knee poses |

THE END

UH, THANK YOU.. THANK YOU VERY MUCH!
