

# Escape

拍数: 32      墙数: 4      级数: Improver  
编舞者: Pat Potter (USA)  
音乐: The Sweet Escape - Gwen Stefani



## STEP, TOUCH - ROCK, WALK, WALK, STEP TOUCH, STEP TOUCH

1-2&      Step forward on right, touch left toe next to right, rock back on left  
3-4      Step forward on right, step forward on left  
5-6      Step forward on right, touch left toe next to right  
7-8      Step forward on left, touch right toe next to left (12:00)

## STEP PIVOT ¼, CROSS SHUFFLE, ¼ TURN BACK, STEP BACK RIGHT, HIP & HIP

1-2      Step forward on right, pivot ¼ turn to left (weight left)  
3&4      Cross right over left, step left to left side, cross right over left (weight right)  
5-6      Making ¼ to right step back on left, step back on right  
7&8      Step back left bumping hips left, right, left (weight left) (12:00)

## ROCK, RECOVER, SHUFFLE ½ TURN, ROCK, RECOVER, KICK & TOUCH

1-2      Rock back on right, recover forward on left  
3&4      Right step forward and turn ¼ turn to left, left step together, turn ¼ turn to left and step back on right  
5-6      Rock back on left, recover forward on right  
7&8      Kick left foot in front, step left foot slightly back, touch right toe next to left (6:00)

## SWAY RIGHT, HEEL FAN, SWAY LEFT, HEEL FAN, JAZZ BOX TURN

1-2      Step right to right side and sway right, fan left heel in (weight right)  
3-4      Sway left returning left heel to center, fan right heel in (weight left)  
5-6      Cross right over left, step back on left  
7-8      Turn ¼ to right and step right to right side, step left together (9:00)

## REPEAT

## RESTART

On wall 10 (9:00 wall), dance the first 16 counts of the dance and restart from the beginning

## DANCE INTRO OPTION

32 count intro - followed by four repetitions of the steps in set 4. Do the set 4 steps on all four walls and start the dance on the front wall when the vocals start