Escape (To The Dancefloor!)



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Vivienne Scott (CAN) 音乐: Escape - Enrique Iglesias



When dancing to "Escape" by Enrique Iglesias, start 16 counts into the lyrics on the beat.

CROSS ROCK RIGHT OVER LEFT, SIDE SHUFFLE RIGHT, CROSS LEFT OVER RIGHT WITH ¾ TURN RIGHT. SIDE SHUFFLE LEFT WITH ¼ TURN RIGHT

1-2 Cross rock right over left, rock back onto left

3&4 Step right to right side, step left beside right, step right to right side

5-6 Cross left over right making ¾ turn to right on ball of right

7&8 Step left to left side with ¼ turn right, step right beside left, step left to left side

HEEL SWITCHES, STEP LARGE SIDE RIGHT WITH ½ TURN RIGHT, TOE POINT TO SIDE, LEFT SAILOR STEP, STEP FORWARD RIGHT, HOLD

9& Touch right heel forward, step right beside left

Touch left heel forward, step left beside right (weight on left)

11-12 Right large step side right, making ½ turn right, point left toe to the side

13&14 Cross left behind right, step right to right side, step left forward 15-16 Step forward right, hold (hands stretched out to the side for style)

TURNING LEFT COASTER WITH ½ TURN RIGHT, STEP FORWARD RIGHT, HOLD, TURNING LEFT COASTER WITH ½ TURN RIGHT, HIP ROCKS

17&18 Step forward left making ½ turn right, step right beside left, step forward left

19-20 Step forward right, hold (hand stretched out to the side for style)

21&22 Step forward left making ½ turn right, step right beside left, step forward left

23-24 Rock forward on right bending knees and pushing right hip forward, rock back onto left

bending knees and pushing left hip back (weight on left)

RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, TWO STEP FULL TURN TO THE LEFT TRAVELING BACK, LEFT SAILOR STEP WITH 1/4 TURN LEFT

25&26 Step forward right, close left beside right, step forward right

27-28 Rock forward left, recover on right

29-30 Step back left turning ½ turn left, step back right turning ½ turn left

31 Cross left behind right making ¼ turn left

&32 Step right to right side, step forward left (toe pointing slightly to the left diagonal for a flowing

transition to step 1)

REPEAT

FINALE

For "Escape" by Enrique Iglesias: near the end the song fades and you think it is nearly finished. Keep on going! You will end the dance on count 1 facing the front on the very last note of the song. Fling out your arms for effect!