Escape My Love

级数: Beginner



拍数: 32

编舞者: Nancy Morgan (USA)

音乐: Escape - Enrique Iglesias

This is dedicated to Officer Keith Williams who gave me the music and asked me to choreograph something, Here you are!

WALK, WALK, OUT, OUT, IN, IN, WALK, WALK, OUT, OUT, IN, IN

墙数:4

- 1-2 Walk forward right, left
- &3&4 Step right foot to right side and left foot to left side, step right foot back to center and left next to right
- 5-6 Walk forward right, left
- &7&8 Step right foot to right side and left foot to left side, step right foot back to center and left next to right

ROCK FORWARD, ½ TURN SHUFFLE, ½ TURN SHUFFLE, STEP BACK, SLIDE TOE TOUCH

- 1-2 Rock forward on right and back on left
- 3&4 Turning ¹/₂ turn to your right shuffle forward right, left, right
- 5&6 Turning ¹/₂ turn to your right shuffle back left, right, left
- 7-8 Step back on right, slide left across right foot and touch left toe to the right side of your right foot (weight is on right)

FORWARD SAILOR SHUFFLES, FORWARD ROCK, ½ TURN COASTER STEP

- 1 Step forward on left (diagonally to the left at 11:00)
- 2&3 Step right behind left, step left to left side, step forward on right (diagonally to right at (1:00)
- 4& Step left behind right, step right to right side
- 5-6 Rock forward on left and back on right as you swing left foot around a ¹/₂ turn to your left (forward rondé)
- 7&8 Step back on left, back on right, forward on left

HEEL AND HEEL AND TOUCH BEHIND, ¾ TURN, FORWARD ROCK, COASTER STEP

- 1&2 Touch right heel forward, put right next to left as you touch left heel forward
- &3-4 Put left next to right as you put right behind left, turn ³/₄ turn to your right (weight is on right)
- 5-6 Rock forward on left and back on right
- 7&8 Step back on left, step back on right, step forward on left

REPEAT