

Ever After

COPPERKNOB
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音乐: The Mummers' Dance - Loreena McKennitt



ROCK FORWARD, HOLD, STEP BACK, SLIDE; STEP BACK, SLIDE, TOUCH BEHIND, ½ TURN RIGHT

- 1-4 Rock forward on right, hold, rock back on left, slide right next to left (weight on right)
5-8 Step back on left, slide right next to left (weight stays on left), touch right toe behind left, turn ½ turn right (weight on right)

ROCK FORWARD, HOLD, STEP BACK, SLIDE; STEP BACK, SLIDE, TOUCH BEHIND, ½ TURN LEFT

- 1-4 Rock forward on left, hold, rock back on right, slide left next to right (weight on left)
5-8 Step back on right, slide left next to right (weight stays on right), touch left toe behind right, turn ½ to left (weight on left)

STEP SIDE RIGHT, HOLD, CROSS BEHIND, STEP SIDE RIGHT; STEP SIDE LEFT, HOLD, CROSS BEHIND, STEP LEFT ¼ TURN LEFT

- 1-4 Step long step to right side with right, hold (allow left to slide slightly towards right), cross left behind right, step right to right side
5-8 Step long step to left side with left, hold (allow left to slide slightly towards right), cross right behind left, step left ¼ turn left

ROCK, RECOVER, 1-¼ TURN TO RIGHT, STEP SIDE, POINT TOE SIDE, CLAPS

- 1-4 Rock right forward, rock weight on left while making ¼ turn to right, turn ½ turn to right on right, turn ½ turn right stepping back on left (you will have traveled to right side completing a 1-¼ turn to right, and should now be facing starting wall)
5-6 Step right to right side, point left toe to left side
7&8 Raise hands to right side and clap 3 counts while turning head and looking to left

¼ TURN LEFT, HOLD, STEP FORWARD, ¾ TURN LEFT, SIDE STEP, SLIDE, STOMP BEHIND, RIGHT TOE POINT

- 1-4 Step left ¼ turn left, hold, step right forward, turn ¾ turn left on ball of right foot ending with weight on left
5-8 Step long side step to right, slide left slightly toward right, stomp left behind right, point right toe in front of left (right knee is flexed or bent, left leg is straight)

EXAGGERATED KNEE POPS, LEFT SWEEP, ½ TURN LEFT

- 1-2 Bring right heel down straightening right leg while bending left knee (left heel is off floor), straighten left leg and bend right knee (right heel is off floor)
3&4 Bring right heel down straightening right leg while bending left knee (left heel is off floor), straighten left leg and bend right knee (right heel is off floor), bring right heel down straightening right leg while bending left knee
5-6 Sweep left foot from back to front for 2 counts
7-8 Sweep left foot back, turn ½ turn left (weight on left)

ROCK FORWARD, ½ TURN, HOLD; ROCK FORWARD ½ TURN, HOLD

- 1-4 Rock forward on right, back on left, turn ½ turn right, hold
5-7 Rock forward left, back on right, turn ½ turn left, hold

TWO ½ TURNS LEFT, STEP AND LEAN TO RIGHT SIDE (HAND AND ARM GESTURES), RECOVER ON TO LEFT & SLIDE TOGETHER (HAND & ARM GESTURES)

- 1-4 Step forward on right, turn ½ turn left, step forward on right, turn ½ turn left

- 5-6 While still facing forward, step right to right side and lean sideways bending right knee, left leg stays in place (do not bend knee but lean towards right)
- 7-8 Straighten up by straightening right leg and sliding right foot next to left, weight stays on left
- Hand gestures for counts 5-8**
- 5-6- With arms at side raise arms up in a circular motion in front of face crossing one another so wrists touch pausing at shoulder height
- 7-8- Going in opposite circular direction from where you started in counts 5-6 go back to starting position with arms at sides

REPEAT

TAG

Leave off counts 49-64 during the second wall (you will be facing 12:00 wall. This will only happen this one time.
