Evergreen



拍数: 0 墙数: 1 级数: Intermediate

编舞者: Sarah Bellhouse (UK) & Cath Bellhouse (UK)

音乐: Evergreen - Will Young



Sequence: AB, AB, B (from count 25 to end then add once only: Cross right over left, twist full turn left ending with weight on left), B (counts 1-32), B (counts 1-40), B (counts 25-32)

PART A (VERSE)

SIDE ROCK, RECOVER, RIGHT COASTER STEP, ½ PIVOT TURN RIGHT, FULL TURN RIGHT

1-2 Rock right foot to right side, replace weight on left foot

3&4 Right coaster step - step right foot back, step left foot back, step right foot forward

5-6 Step forward on left foot, pivot turn ½ right, stepping onto right foot

7-8 Step forward left, make a full turn to right, stepping forward onto right foot

Now facing 6:00

FORWARD ROCK, RECOVER, LEFT COASTER CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, IN FRONT

9-10	Rock forward on left foot, rock back onto right foot
3-10	Nock forward off left foot, fock back offic right foot

11&12 Left coaster cross - step left foot back, step right foot back, step left foot across in front of

riaht

13-14 Rock right foot to right side, replace weight on left foot

15&16 Step right foot behind left, step left to left side, step right foot across in front of left

SIDE ROCK, RECOVER, LEFT COASTER STEP, ½ PIVOT TURN LEFT, FULL TURN LEFT

17-18 Rock left foot to left side, replace weigh	it on right foot
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19&20 Left coaster step - step left foot back, step right foot back, step left foot forward

21-22 Step forward on right foot, pivot turn ½ left, stepping onto left foot

23-24 Step forward right, make a full turn to left, stepping forward onto left foot

Now facing 12:00

FORWARD ROCK, RECOVER, RIGHT COASTER CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, IN FRONT

25-26	Rock forward on rig	aht foot rock	back onto left foot
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27&28 Right coaster cross - step right foot back, step left foot back, step right foot across in front of

left

29-30 Rock left foot to left side, replace weight on right foot

31&32 Step left foot behind right, step right to right side, step left foot across in front of right

1/2 PIVOT LEFT, LEFT COASTER STEP TWICE

33-34	Step forward on right foot, pivot a ½ turn left keeping weight back on right foot
35&36	Left coaster step - step left foot back, step right foot back, step left foot forward
37-38	Step forward on right foot, pivot a ½ turn left keeping weight back on right foot
39&40	Left coaster step - step left foot back, step right foot back, step left foot forward

PART B (CHORUS)

HIP BUMPS TO RIGHT AND LEFT DIAGONALS, FORWARD ROCK, RECOVER, TRIPLE 1/2 TURN RIGHT

1&2	Step right foot forward slightly to right diagonal bumping hips to right, bump hips left, bump
	hips right

3&4 Step left foot forward slightly to left diagonal bumping hips to left, bump hips right, bump hips

left

5-6 Rock forward on right foot, recover weight back onto left foot

7&8 Triple ½ turn right, stepping right, left, right

HIP BUMPS TO LEFT AND RIGHT DIAGONALS, FORWARD ROCK, RECOVER, TRIPLE ½ TURN LEFT		
9&10	Step left foot forward slightly to left diagonal, bumping hips to left, bump hips right, bump hips left	
11&12	Step right foot forward slightly to right diagonal, bumping hips to right, bump hips left, bump hips right	
13-14	Rock forward on left foot, recover weight back onto right foot	
15&16	Triple ½ turn left, stepping left, right, left	
SCUFF RIGHT, SHUFFLE BACK, SCUFF LEFT, SHUFFLE BACK, TOE HEEL CROSS TWICE		
&17	Scuff right foot forward and step back onto right foot crossing in front of left foot traveling back towards left diagonal	
&18	Step diagonally back left, step back right in front of left	
&19	Scuff left foot forward and step back onto left foot crossing in front of right foot traveling back towards right diagonal	
&20	Step diagonally back right, step back left in front of right	
21&	Tap right toe beside left foot, tap right heel beside left foot	
22	Cross right foot in front of left	
23&	Tap left toe beside right foot, tap left heel beside right foot	
24	Cross left foot in front of right	
POINT, STEP TWICE, PIVOT ½ TURN TWICE		
25-26	Point right toe to right side, step right foot across in front of left	
27-28	Point left toe to left side, step left foot across in front of right	
29-30	Step forward right, pivot ½ turn left	
31-32	Step forward right, pivot ½ turn left	

RIGHT ROCK, RIGHT SAILOR STEP, LEFT ROCK, LEFT SAILOR STEP		
33-34	Rock right foot to right side, recover weight onto left	
35&36	Right sailor step - cross right behind left, step left to left side, step right in place	
37-38	Rock left foot to left side, recover weight onto right	
39&40	Left sailor step - cross left behind right, step right to right side, step left in place	