

Evistar Waltz

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Sebastiaan Holtland (NL)
音乐: I Learned That from You - Sara Evans



STEP FORWARD STEP BACK WITH ½ TURN STEP BACK, STEP WITH ½ TURN STEP STEP

- 1-2-3 Left foot step forward, right foot step back with ½ turn to the left, left foot step back facing (6:00)
4-5-6 Right foot step back with ½ turn to the left, left foot step forward, right foot step forward (12:00)

LEFT LUNGE FORWARD STEP BACK STEP WITH ½ TURN WITH ½ TURN STEP FORWARD

- 1-2-3 Left foot lunge forward, left foot step back, weight on left foot facing (12:00)
4-5-6 Right foot step back with ½ turn to the left, left foot step, right foot step forward (6:00)

LEFT LUNGE FORWARD HOLD, HOLD, 1 ½ PIRQUETTE IN PASSÉ

- 1-2-3 Left foot lunge forward, hold, hold

Style: move your arms slowly and move your body in contra-position (facing 6:00)

- 4-5&6 (Facing 6:00) begin twist turn transferring weight to left foot, lifting right foot up to left knee with right knee extended to the right side (passé), left foot rotate 1 full in elevated passé to (face 6:00), continue to rotate ½ in elevated passé to (face 12:00)

RIGHT STEP FORWARD LEFT STEP FORWARD, RIGHT STEP FORWARD LEFT CHECK, BACKWARDS WHISK

- 1-2-3 Right foot step forward, left foot step forward, right foot step forward (facing 12:00)
4-5-6 Left foot cross in front of right foot, right foot recover, left foot lock behind right foot (facing 12:00)

STEP ½ PIVOT STEP ¾ CHAINE TURN

- 1-2-3 Right foot step forward, left foot step forward with ½ turn right, weight on right foot (facing 6:00)
4-5-6 Left foot step forward, right foot close next to left foot, make ½ turn with ¼ turn left and step left foot to the left side (facing 9:00)

RIGHT LUNGE FORWARD SIDE LEFT LUNGE FORWARD SIDE

- 1-2-3 Right foot cross in front of left foot, left foot recover, right foot step to the right side weight on right foot (facing 9:00)
4-5-6 Left foot cross in front of right foot, right foot recover, left foot step to the left side weight on left foot (facing 9:00)

STEP CROSS FULL TURN WITH ROND DE JAMB, LOCK BEHIND

- 1-2-3 Right foot across left foot, make a full turn to the left, sweep your left leg slowly forward from back to front (facing 9:00)
4-5-6 Lock your left foot behind right foot, flex your torso down in 2 counts and make your own style when you make the flex (facing 9:00)

RISE YOUR TORSO UP WITH ½ TURN CROSS FULL SPIRAL TURN

- 1-2-3 With both feet make a turn ½ left and rise your body up to (facing 3:00)
4-5-6 Right foot across left foot, make a full turn left, hold your left foot across in front of right foot weight on right foot (facing 3:00)

REPEAT

