

Ex - It

拍数: 32 墙数: 2 级数: Improver
编舞者: Jan Brookfield (UK)
音乐: That's The Way You Make An X - Mark Chesnutt



WALK, WALK, COASTER STEP, ROCK STEP, HALF TURN SHUFFLE

- 1-2 Walk forward on right then left
- 3&4 Drop back onto right, step left next to right, step forward on right
- 5-6 Step forward on left, rock back onto right
- 7&8 Making half a turn over left shoulder, shuffle forward on left, right, left

WALK, WALK, COASTER STEP, ROCK STEP, THREE QUARTER TURN SHUFFLE

- 9-10 Walk forward on right then left
- 11&12 Drop back onto right, step left next to right, step forward on right
- 13-14 Step forward on left, rock back onto right
- 15&16 Making a three quarter turn over left shoulder, shuffle forward on left, right, left

Now facing 9:00

SIDE & CROSS, SIDE & CROSS, PIVOT HALF TURN, FORWARD SHUFFLE

- 17&18 Step right to side, rock onto left in place, step right across in front of left
- 19&20 Step left to side, rock onto right in place, step left across in front of right
- 21-22 Step right forward, pivot half turn over left shoulder, weight now on left
- 23&24 Shuffle forward on right, left, right

Now facing 3:00

HIP BUMPS, QUARTER & HALF TURN SHUFFLES, COASTER STEP

- 25&26& Small step on left to side, at same time bumping hips left, continue bumping hips right, left, right
- 27&28 Shuffle to left on left, right, left making a quarter turn to left on last step
- 29&30 Shuffle on right, left, right making a half turn to left
- 31&32 Step back on left, step right next to left, step forward on left (now facing 6:00)

REPEAT
