# **Dusters Triples**



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Tommy Bailey (USA)

音乐: Time Marches On - Tracy Lawrence



## ROCK, STEP, TRIPLE STEPS 1/4 TURNS

1-2 With weight on left foot rock forward on ball of right foot, rock back on left foot

3&4 Triple step in place (right, left, right)

5-8& Turning ¼ turn to right on ½ beat of music rock forward on ball of left foot, rock back on right

foot, triple step in place (left, right, left)

9-12& Turning ¼ turn to right on ½ beat of music with weight on left foot rock forward on ball of right

foot, rock back on left foot, triple step in place (right, left, right)

13-16& Turning ¼ turn to right on ½ beat of music rock forward on ball of left foot, rock back on right

foot, triple step in place (left, right, left)

#### STEP BEHIND. SHUFFLE TO RIGHT (TRIPLE STEP)

17-18 Step right foot to right side, step left foot behind right foot

19&20 Shuffle to right (right, left, right)

#### LEFT 360 (FULL TURN) SHUFFLE TO LEFT

21-22 Step left to side starting full turn to left, step right foot beside left completing full turn

23&24 Shuffle to left (left, right, left)

#### ROCK, STEP, 1/4 TURN TRIPLE

25-26 Step right toe in front of left foot and rock forward, step back on left foot

27&28 Turning ¼ turn to right on ball of left foot, triple step forward on the right foot (right, left, right)

### STEP LOCK, STEP ½ TURN LEFT, STEP LOCK, TURN ½ TURN RIGHT, ¼ TURN LEFT

29-32 Step forward on left foot, slide right foot forward to outside of left heel, step forward on left

while raising right leg slightly off floor, pivot ½ turn to left on left foot

33-36 Step forward on right foot, slide left foot forward to outside of right heel, step forward on right

while raising left leg slightly off floor, pivot ½ turn to right on right foot

37-40 Step forward on left foot, slide right foot forward to outside of left heel, step forward on left

while raising right leg slightly off floor, pivot 1/4 turn to left on left foot

#### PIVOT STEP, POLKA, PIVOT STEP, POLKA

Step forward on ball of right foot, pivot on balls of both feet ½ turn to left, ending with weight

on left foot

43&44 Polka forward right foot (right, left, right)

45-46 Step forward on ball of left foot, pivot on balls of both feet ½ turn to right, ending with weight

on right foot

47&48 Polka forward left (left, right, left)

#### **REPEAT**