Eatin' Right And Drinkin' Bad



编舞者: Max Perry (USA)

音乐: Eatin' Right and Drinkin' Bad - Ronnie Beard



FORWARD, TOGETHER STEPS, RIGHT, FORWARD TOGETHER STEPS LEFT (MERENGUE!)

Step right forward, slide left up to right, step right forward, scuff left forward
 Step left forward, slide right up to left, step left forward, scuff right forward

2 JAZZ BOXES TURNING 1/4 RIGHT PER BOX

1-4 Cross right over left, step left back turning 1/4 right, step right to right side, step left together

5-8 Repeat jazz box turning ¼ right

SIDE ROCK RIGHT, TOGETHER, CLAP, SIDE ROCK LEFT, TOGETHER, CLAP

1-4 Rock right to right side, step left in place, step right next to left, clap
5-8 Rock left to left side, step right in place, step left next to right, clap

TWO 1/2 TURNS LEFT

1-4 Step right forward and turn ½ left, step left in place, step right forward and turn ½ left, step

left in place

STEP OUT, OUT, IN, IN

5-6 Step right out to right side (small step), step left to left side (small step)-this is "out-out"

7-8 Step right to center (home), step left next to right-this is "in, in"

REPEAT

This dance has a fun Caribbean feeling. On the side rocks, or anywhere else you may want to use a hip action (Cuban motion) to add to the Latin feel. Make no mistake though, because this is good solid country music!