E. C. Boogie

拍数: 24

级数: Improver

编舞者: Unknown

音乐: All My Rowdy Friends - Hank Williams, Jr.

GRAPEVINE RIGHT

- 1-3 Vine to right (step right to right; step left behind; step right to right) 4
 - Kick with left foot

GRAPEVINE LEFT

5-7 Vine to left (step left to left; step right behind; step left to left) Kick with right foot 8

STEP & HOP

9-10 Step forward on right foot, skip forward on right foot Step forward on left foot, skip forward on left foot 11-12

WALK BACK, KICK

- 13-15 Step back on right, left, right
- 16 Kick with left foot.

When you feel comfortable with the steps, add a hand clap when you kick

SHAKE HIPS

- 17-18 Shake hips forward twice
- 19-20 Shake hips backward twice

STEP & TURN

- Step forward with left foot 21
- 22 Bring right foot up to left
- 23 Step forward with left foot
- Turn 1/4 turn to left on left foot. 24

Right foot should be off the floor so that you may easily step to the right to begin dance again at Step 1

REPEAT





墙数:4