Dos Dame



编舞者: Tina Riley (USA)

音乐: Dame (Touch Me) - Jennifer Lopez



FORWARD & BACK, BACK & FORWARD, FORWARD & BACK, BACK & FORWARD

1 Rock forward onto left2 Rock back onto right

3 Step left next to right (change weight to left)

4 Rock back onto right5 Rock forward onto left

6 Step right next to left (change weight to right)

7-12 Repeat 6 counts

ROCK FORWARD, ROCK BACK, SIDE, ROCK FORWARD, ROCK BACK, SIDE

1 Left cross over right and rock forward

2 Rock back onto to right3 Step left to left side

4 Right cross over left and rock forward

5 Rock back onto left

6 Step right to right side (weight remains on right)

7-12 Repeat 6 counts

SIDE, BEHIND, SIDE, BACK, CROSS, SIDE, BEHIND, SIDE, BACK, CROSS

Step left to left side
Cross right behind left

3&4 Step left to left side, step back with right, left cross & step over right

5 Step right to right side6 Cross left behind right

7&8 Step right to right side, step back with left, right cross & step over left (weight ends on right)

9-16 Repeat 8 counts

FORWARD & BACK, ½ TURN & FORWARD

Rock forward onto left
Rock back onto right
Step left next to right

4 Step forward right ½ turn left

5 Step forward left

6 Step right next to left (change with to right)

7-12 Repeat 6 counts

ROCK BACK, ROCK FORWARD, SIDE, ROCK BACK, ROCK FORWARD, SIDE

1 Rock back onto left behind right

2 Rock forward onto right3 Step left to left side

4 Rock back onto right behind left

5 Rock forward onto left

6 Step right to right side (weight remains on right)

7-12 Repeat 6 counts

REPEAT

