Double Back (P)



编舞者: Sylvia Priestley (UK) 音乐: You Walked In - Lonestar



Position: Closed Western. Man facing LOD

MAN:

STEP LOCKS, SHUFFLES, ROCKING CHAIR

1-2 Step forward on left, lock right foot behind left

3&4 Step forward on left, step right next to left, step forward on left

Rock forward on to right, replace weight to leftRock back on right, replace weight to left

STEP LOCKS, SHUFFLES, ROCKING CHAIR

9-10 Step forward on right, lock left foot behind right

11&12 Step forward on right step left next to right, step forward on right

13-14 Rock forward on left, replace weight to right 15-16 Rock back on left, replace weight to right

TURNING SHUFFLES, WALKS

Turn ¼ to the right stepping on left, step right next to left, step left next to right Turn ¼ to the right stepping on right, step left next to right, step right next to left

Now facing RLOD

21-24 Step forward on left, right, left, right

STEP TOUCHES, WALKS

25-26 Step forward on left, touch right beside left 27-28 Step back on right, touch left beside right

Release lady's left hand

29-32 Step back left, right, left, right

Rejoin arms into Closed Western

STEP LOCKS, SHUFFLES, ROCKING CHAIR

33-34	Step back on left, lock right foot across front of left
35&36	Step back on left, step right next to left, step back on left
37-38	Rock back on right, replace weight to left
39-40	Rock forward on right, replace weight to left

STEP LOCKS, SHUFFLES, ROCKING CHAIR

41-42	Step back on right, lock left foot across front of right
43&44	Step back on right, step left next to right, step back on right
45-46	Rock back on left, replace weight to right
47-48	Rock forward on left, replace weight to right

TURNING SHUFFLES, WALKS

Turn ¼ to the right stepping on left, step right next to left, step left next to right Turn ¼ to the right stepping on right, step left next to right, step right next to left

Now facing LOD

53-56 Step forward on left, right, left, right

STEP TOUCHES, WALKS

57-58 Step forward on left, touch right beside left 59-60 Step back on right, touch left beside right

Release lady's left hand

61-64 Step forward left, right, left, right

Rejoin arms into Closed Western

REPEAT

LADY:

STEP LOCKS, SHUFFLES, ROCKING CHAIR

1-2 Step back on right, lock left foot across front of right
3&4 Step back on right, step left next to right, step back on right

5.6 Pack back on left replace weight to right

5-6 Rock back on left, replace weight to right7-8 Rock forward on left, replace weight to right

STEP LOCKS, SHUFFLES, ROCKING CHAIR

9-10 Step back on left, lock right foot across front of left
11&12 Step back on left, step right next to left, step back on left
13-14 Rock back on to right, replace weight to left
15-16 Rock forward on right, replace weight to left

TURNING SHUFFLES, WALKS

Turn ¼ to the right stepping on right, step left next to right, step right next to left Turn ¼ to the right stepping on left, step right next to left, step left next to right

Now facing LOD

21-24 Step back on right, left, right, left

STEP TOUCHES, WALKS

25-26 Step back on right, touch left beside right 27-28 Step forward on left, touch right beside left

Release lady's left hand

29-32 Make a full turn to the right down LOD, under own right arm stepping right, left, right, left

Rejoin arms into Closed Western

STEP LOCKS, SHUFFLES, ROCKING CHAIR

33-34 Step forward on right, lock left behind right
35&36 Step forward on right, step left next to right, step forward on right
37-38 Rock forward on left, replace weight to right
39-40 Rock back on left, replace weight to right

STEP LOCKS, SHUFFLES, ROCKING CHAIR

41-42 Step forward on left, lock right foot behind left
43&44 Step forward on left, step right next to left, step forward on left
45-46 Rock forward on to right, replace weight to left
47-48 Rock back on right, replace weight to left

TURNING SHUFFLES, WALKS

Turn ¼ to the right stepping on right, step left next to right, step right next to left Turn ¼ to the right stepping on left, step right next to left, step left next to right

Now facing RLOD

53-56 Step back on right, left, right, left

STEP TOUCHES, WALKS

57-58 Step back on right, touch left beside right 59-60 Step forward on left, touch right beside left

Release lady's left hand

61-64 Make a full turn to the right down LOD under own right arm stepping right, left, right, left **Rejoin arms into Closed Western**

REPEAT