Dreamfields

拍数: 60

级数: Intermediate waltz

编舞者: Noel Castle (AUS)

音乐: Fields Of Forever - Rick Tippe

FORWARD, SWING, LIFT- CROSS, BACK, CLOSE

- 1-3 Step forward on left, swing right forward, lift left heel
- 4-6 Cross right over left, step back on left, step right next to left

FORWARD, SWING, LIFT - CROSS, ¼ TO THE RIGHT, CLOSE

- 1-3 Step forward on left, swing right forward, lift left heel
- 4-6 Cross right over left, step back on left making ¼ turn to the right, step right next to left

FORWARD, FORWARD, TOGETHER - BACK, BACK, TOGETHER

- 1-3 Left long step forward, right short step forward, left step next to right
- 4-6 Right long step back, left short step back, right step next to left

ROCK, ROCK, POINT - SIDE, BEHIND, SIDE (VINE LEFT)

- 1-3 Rock step left over right, rock step back onto right, point/touch left toe front
- 4-6 Left side, cross right behind left, left side

ROCK, ROCK, POINT - SIDE, BEHIND, SIDE (VINE RIGHT)

- 1-3 Rock step right over left, rock step back onto left, point/touch right toe front
- 4-6 Right side, cross left behind right, right side

CROSS, POINT, LIFT - CROSS, POINT, LIFT

- 1-3 Cross left in front of right, point/touch right side, lift right leg & raise left heel
- 4-6 Cross right in front of left, point/touch left side, lift left leg & raise right heel

Keep leg extended to side on lift

FORWARD, FORWARD, TOGETHER - 1/4 TO THE RIGHT, BACK, TOGETHER

- 1-3 Left long step forward, right short step forward, left step next to right
- 4-6 Right step back into ¼ turn to the right, left short step back, right step next to left

CROSS, BACK, BACK - CROSS, BACK, BACK

- 1-3 Cross left in front of right, right step back, left step back
- 4-6 Cross right in front of left, left step back, right step back

1⁄4 TO THE RIGHT, POINT, HOLD - 1⁄4 TO THE RIGHT, POINT, HOLD

- 1-3 Left step into ¼ turn to the right, point/touch right side (look over right shoulder), hold
- 4-6 Right step into ¼ turn to the right, point/touch left side (look over left shoulder), hold

1⁄4 TO THE RIGHT, POINT, HOLD - 1⁄4 TO THE RIGHT, HOLD, HOLD

- 1-3 Left step into ¼ turn to the right, point/touch right side (look over right shoulder), hold
- 4-6 Right step into ¼ turn to the right, hold, hold

Keep left leg extended on "hold" counts

REPEAT

For more challenging intermediate level PART C FORWARD, FORWARD, TOGETHER - ¼ TO THE RIGHT, ½ TO THE RIGHT, ¼ TO THE RIGHT (ROLLING FULL TURN BACK)





墙数:2

- 1-3 Left long step forward, right short step forward, left step next to right
- 4-6 Right step back into ¼ turn to the right, left step forward into ½ turn to the right, right step back into ¼ turn to the right

PART G

FORWARD, FORWARD, TOGETHER - ¼ TO THE RIGHT, ½ TO THE RIGHT, ½ TO THE RIGHT (ROLLING 1 ¼ TURN BACK)

- 1-3 Left long step forward, right short step forward, left step next to right
- 4-6 Right step back into ¼ turn to the right, left step forward into ½ turn to the right, right step back into ½ turn to the right