

Dreamin' (Down Under)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Improver
编舞者: Michael Barr (USA)
音乐: All That Heaven Will Allow - The Mavericks



ROCK BACK, RETURN, ½ PIVOT, HOLD; BACK, CROSS, SIDE, HOLD; REPEAT

- 1-2 Rock step back onto left, rock step return onto right (toes pointing to 1 o'clock)
- 3-4 ½ pivot turn right on ball of right foot stepping back onto left, hold (facing 6 o'clock)
- 5-6 Step right back, cross left over right
- 7-8 Step right side right, hold
- 9-16 Repeat counts 1-8, ending facing the starting wall

The holds in this pattern are not full stops. Keep slow continuous movement into the weight changes.

CROSS, ROCK CENTER, SIDE, HOLD; CROSS, ROCK CENTER, SIDE HOLD

- 17-18 Cross-step left over right; rock step back center onto right
- 19-20 Step left side left, hold
- 21-22 Cross-step right over left, rock step back center onto left
- 23-24 Step right side right, hold

CROSS, SIDE, BEHIND, SIDE; CROSS, SIDE, BEHIND, SIDE (VINE RIGHT)

- 25-28 Cross-step left over right, step right side right, step left behind right, step right side right
- 29-32 Cross-step left over right, step right side right, step left behind right, step right side right

FORWARD, CENTER, BACK, CENTER; FORWARD ½ PIVOT, FORWARD ½ PIVOT

- 33-34 Rock step left forward lifting right heel off floor, return right heel center
- 35-36 Rock step left back lifting right ball/toe off floor, return right ball/toe center
- 37-38 Step left forward, pivot ½ turn right on ball of right foot
- 39-40 Step left forward, pivot ½ turn right on ball of right foot

SIDE, BEHIND, SIDE, CROSS; SIDE, BEHIND, SIDE, CROSS (VINE LEFT)

- 41-44 Step left side left, step right behind left, step left side left, cross-step right over left
- 45-48 Step left side left, step right behind left, step left side left, cross-step right over left

CROSS, ROCK CENTER, SIDE, HOLD; CROSS, ROCK CENTER, SIDE, HOLD

- 49-50 Cross-step left over right, rock step back center onto right
- 51-52 Step left side left, hold
- 53-54 Cross-step right over left, rock step back center onto left
- 55-56 Step right side right, hold

FORWARD HIP PIVOTS

- 57 Step left forward onto ball of left foot lifting right heel off floor, push left hip forward and begin ¼ pivot right on ball of right foot
- 58 Complete ¼ pivot right and return right heel to floor (facing 3 o'clock)
- 59-64 Repeat counts 57-58 three more times, ending where you started (12 o'clock)

These hip pivots are as fluid as you can make them (not military). Starting the pivot at the end of count 1 and finishing at count 2 will allow for a softer turn.

REPEAT