Do You Believe



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Johnny T. Darl 音乐: Believe - Cher



RIGHT OUT, BEHIND, UNWIND, HOLD, RIGHT PALM, LEFT PALM, HIPS

1	Extend right 1	oot out to ric	aht side (riah	t arm extends to right)

2 Bring right foot back and place behind left foot (right arm crosses heart)

3-4 Unwind ½ turn to right (2 count turn - arm remains across heart)

Raise right hand up to side of right shoulder (palms up)
Raise left hand up to side of left shoulder (palms up)

&7&8 Bump hips left, right, left, right (lower arms down to side with twisting style)

ROCK FORWARD & BACK, FULL TURN, HALF TURN, RUNNING MAN

9	Rock forward onto left foot
10	Rock back onto right foot

11 Step back on left foot while making a ½ turn left

12 Step forward on right foot while making another ½ turn left

13 Step back on left foot while making a ½ turn left (begin running man)

& Slide left foot back

Step forward onto right foot, slide right foot back

Step forward onto left foot, slide left foot back

16 Step forward onto right foot

ROCK FORWARD, HALF TURN, HALF TURN, OUT, OUT, CLAP, KNEE PUSHES

17 Rock forward onto left foot

Rock back onto right foot while turning ½ turn left on ball of right foot

Step forward onto left foot while turning ½ turn left on ball of left foot

Touch right foot down next to left foot
Step right foot out slightly to right
Step left foot out slightly to left

22 Clap

Push knees forward and inward (right, left, right)

Weight on knee pushes is on opposite (left, right, left) foot

&CROSS, HOLD, &CROSS, HOLD, &CROSS, STEP, SAILOR TURN (LEFT-RIGHT-LEFT)

&	Quick ste	p right foot	slightly back

25 Cross left foot over right

26 Hold

& Quick step right foot to rightCross left foot over right

28 Hold

Quick step right foot to right
Cross left foot over right
Step right foot to right

31 Cross left foot behind right foot while rotating ½ turn to left

& Step right foot to rightStep left foot to left

TOUCHES (RIGHT, LEFT, RIGHT), CROSS, 3/4 TURN, BODY ROLL

33 Touch right foot to right side

&	Bring right foot back to place
34	Touch left foot out to left side
&	Bring left foot back to place
35	Touch right foot out to right side
36	Cross right foot over left foot
37-38	Unwind ¾ turn to left

39-40 Body roll forward to back (weight ending on right foot)

KNEE POPS, STEP FORWARD RIGHT, LEFT, TOUCH, SCOOT BACK, SHUFFLE TURN

41	Pop right knee forward (weight transfer to left foot)
42	Pop left knee forward (weight transfers to right foot)
&	Transfer weight back to left foot
43	Step forward on right foot
44	Step forward on left foot

45 Touch right foot behind left foot

& Scoot back on left foot 46 Step down on right foot

& Start left ½ turn on ball of right foot 47&48 Finish turn as you shuffle (left, right, left)

Step forward on left foot

KICK BALL STEP, KICK BALL STEP, ½ TURN, HOLD, HALF TURN, HOLD

49	Kick right foot forward
&	Step down onto ball of right foot
50	Step left foot forward
51	Kick right foot forward

& Step down onto ball of right foot

52 Step left foot forward

& Pivot ½ turn to left on ball of left foot (as you start to step forward with right foot)

53 Step down on right foot

54 Hold

& Pivot ½ turn to left on ball of right foot (as you start to step backward with left foot)

55 Step down on left foot

56 Hold

RIGHT KNEE ROLL, LEFT KNEE ROLL, STEP FORWARD RIGHT, LEFT

57-58	Right knee roll (inside out)
59-60	Left knee roll (inside out)

61 Step forward on ball of right foot (heel in air)

62 Hold

& Drop right heel

63 Step forward on ball of left foot (heel in air)

64 Hold

Drop left heel &

REPEAT

This dance was initially released as a 32 count 4 wall line dance. However it was originally choreographed as a 64 count 2 wall line dance. The first 32 counts are the same. However do not dance both versions together, the second 32 counts have a different flow pattern. Both versions are being done. For the more advanced groups I recommend the 64 count version.

-- Johnny T. Darl