

Do You Know

拍数: 64 墙数: 2 级数: Improver
编舞者: Roy Verdonk (NL) & Wil Bos (NL)
音乐: Do You Know? (The Ping Pong Song) - Enrique Iglesias



KICK BALL STEP, STEP, SWIVEL ¼ TURN (TWICE), COASTER STEP, SHUFFLE FORWARD

1&2 Kick right forward, step right beside left, step left forward
3&4 Step right forward, swivel left heel ¼ turn left, swivel right heel ¼ turn left
Toes point to 9:00
5&6 Step left back, step right next to left, step left forward
7&8 Step right forward, step left next to right, step right forward

ROCK, RECOVER, OUT, OUT, KNEE POP, SAILOR STEP, SAILOR STEP ¼ TURN

1-2 Rock left forward, recover onto right
&3&4 Step left back, step right side, pop knees forward (heels off the floor), put heels down
5&6 Cross right behind left, step left to side, step right to side
7&8 Turn ¼ left and cross left behind right, step right to side, step left to side

POINT (TWICE), HOLD, STEP, CROSS, ROCK, RECOVER, CROSS, ¼ TURN LEFT, STEP FORWARD

1-2-3&4 Touch right toes forward, touch right toes to side, hold, step right next to left, cross left over right
5-6-7&8 Rock right to side, recover on left, cross right behind left, turn ¼ turn left and step left to side, step right forward

STEP (TWICE), HOLD, STEP, STEP, ROCK, RECOVER, ¼ TURN, SIDE SHUFFLE

1-2-3&4 Walk forward left, right, hold, step left next to right, step right forward
5-6 Rock left forward, recover on right
7&8 Turn ¼ turn left and step left to side, step right next to left, step left to side

CROSS, STEP, HOLD, STEP, CROSS, STEP, STEP, STEP, HOLD, STEP CROSS

1-2-3&4 Cross right over left, large step left to side (drag right to left), hold, step right next to left, cross left over right
5&6 Step right to side, step left next to right, large step right to side (drag left to right)
7&8 Hold, step left next to right, cross right over left

SIDE, CROSS, ¼ TURN LEFT, STEP, ¼ TURN LEFT, CROSS, HOLD, STEP, CROSS

1-2-3-4 Step left to side, cross right behind left, turn ¼ turn left and step left forward, step right forward
5-6-7&8 Turn ¼ turn left and cross right over left, hold, step left to side, cross right over left

ROCK, RECOVER, FULL TRIPLE TURN (TWICE)

1-21 Rock left to side, recover on right
3&4 Triple full turn left traveling right stepping left, right, left
5-61 Rock right to side, recover on left
7&8 Triple full turn right traveling left stepping right, left, right

ROCK, RECOVER, COASTER STEP, PIVOT (TWICE)

1-2 Rock left forward, recover on right
3&4 Step left back, step right next to left, step left forward
5-6 Step right forward, turn ½ turn left (weight to left)
7-8 Step right forward, turn ½ turn left (weight to left)

REPEAT
