Doing Time

拍数: 32

级数: Beginner west coast swing

编舞者: Don Carleton (USA)

音乐: Love Is a Crime - Anastacia

CHARLESTON STEPS

- 1-2 Step right forward, touch left toe forward
- 3-4 Step left back, touch right toe back
- 5-6 Step right forward, touch left toe forward
- 7-8 Step left back, touch right toe back

CROSS POINT, CROSS POINT, CROSS POINT, SWEEP ¼ TURN RIGHT, CROSS

- 1-2 Step right across in front of left, point left to side
- 3-4 Step left across in front of right, point right
- 5-6 Step right across in front of left, point left to side
- 7-8 Hitch left into 1/4 turn right, step left across in front of right

RIGHT SIDE SHUFFLE, BACK ROCK, VINE LEFT WITH A SCUFF

- 1&2 Step right to right side, step left beside right, step right to right side
- 3-4 Rock back on left behind right, recover weight to right
- 5-8 Step left to left, cross right behind left, step left to left, brush right forward

SHUFFLE FORWARD, ½ TURN, 2 TOE STRUTS (WITH HIP BUMPS)

- 1&2 Step right forward, step left together, step right forward
- 3-4 Step forward left, turn 1/2 turn right keeping weight on left
- 5-6 Touch right toe forward, step down on right heel
- 7-8 Touch left toe forward, step down on left heel

REPEAT





墙数:4