Don't Do Dancing

拍数: 32

级数: Intermediate

编舞者: Mark Furnell (UK)

音乐: I Don't Feel Like Dancin' - Scissor Sisters

TOUCH, KICK, SAILOR CROSS, ROCK STEP, AND STEP TOGETHER

- 1-2 Touch right toe to left instep, kick right foot diagonally forward
- 3&4 Cross right behind left, step side on left and cross right over left
- 5-6 Rock side on right foot, rock back on right
- &7-8 Bring left foot to right, step side on right and close left to right

KICK BALL CROSS, KICK BALL CROSS, STEP HITCH, TRIPLE WHOLE TURN

- 1&2 Kick right foot forward, step down on right foot and cross left over right
- 3&4 Kick right foot forward, step down on right foot and cross left over right
- 5-6 Step side on right foot making ¼ turn left, hitch left knee
- 7&8 Triple whole turn left, stepping left, right, left

KICK BALL POINT, KICK BALL POINT, CROSS UNWIND, SHUFFLE

- 1&2 Kick right foot forward, step forward on right and point left toe to side
- 3&4 Kick left foot forward, step forward on left and point right toe out to side
- 5-6 Cross right over left and unwind 1 and 1/4 turn (weight ending on right)
- 7&8 Shuffle forward left, right, left

TRAVELING CROSS ROCK STEP, CROSS ROCK STEP, ROCK STEP, WHOLE TURN

- 1&2 Cross right over left, rock side on right, rock back on left
- 3&4 Cross left over right, rock side on left, rock back on right
- 5-6 Rock forward on right, rock back on left
- 7-8 Step forward on right making ½ turn right, bring left to right making ½ turn right (weight ending on left)

REPEAT





墙数:2