Don't Look Back

级数: Improver

拍数: 32

墙数: 2 编舞者: Sarah DeLisle (USA)

音乐: Don't Look Back - Thalía

TRIPLE TO RIGHT, ROCK, RECOVER, TRIPLE TO LEFT, TOUCH BEHIND, ¾ TURN TO RIGHT

- 1&2 Triple step to right (right-left-right)
- 3-4 Step left foot behind right, replace weight to right
- 5&6 Triple step to left (left-right-left)
- 7-8 Touch right toe behind left - weight on ball of right foot, turn 3/4 to right, transferring weight to left foot

TOE STRUT, KICK BALL CROSS, TRIPLE STEP TO LEFT, ROCK, RECOVER 1/4 TURN RIGHT

- Crossing right over left touch ball of right foot, step down 1-2
- 3&4 Kick left foot to left diagonal, step on ball of left in place, cross right foot over left - weight now on right
- 5-6 Triple step to left (left - right- left)
- 7&8 Cross right over left, replace weight to left, turning 1/4 right step forward on right

STEP FORWARD, TOUCH, TRIPLE STEP FORWARD, ½ TURN TO RIGHT, TRIPLE STEP FORWARD

- 1-2 Step forward on left, touch right toe next to left or slightly behind
- 3&4 Triple step forward right-left-right
- 5-6 Step forward onto left foot, turn 1/2 to right
- 7&8 Triple step forward left-right-left

CROSS POINT, BALL CROSS POINT, & ROCK RECOVER, BUMP RIGHT, BUMP LEFT

- 1-2 Cross right over left, point left toe to left side
- &3-4 Step slightly back & left onto ball of left foot, cross right over left, point left toe to left side
- &5-6 Step left to left, crossing right foot over left rock onto right, replace weight to left
- 7-8 Bump right hip to right, bump left hip to left

REPEAT

TAG

At the end of the 3rd wall

- 1-2 Step forward on right foot, turn ¹/₂ to left (weight on left)
- Bump right hip to right, bump left hip to left 3-4

You will now be facing the front wall. Start over.

