

Don't Make Me Beg

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Improver
编舞者: Cato Larsen (NOR)
音乐: Don't Make Me Beg - Steve Holy



CROSSING TOE STRUTS, CROSS ROCK SIDE, CROSSING TOE STRUT, CROSS ROCK SIDE

1-2 Touch ball of left foot in front of right, drop left heel
3-4 Touch ball of right foot to right side, drop right heel

Hands

1-2 Swing arms to left in chest height, click fingers
3-4 Swing arms to right in chest height, click fingers

5-6 Cross left foot in front of right, rock back on right foot
7-8 Step left to left side, hold

CROSSING TOE STRUTS, CROSS ROCK SIDE, CROSSING TOE STRUT, CROSS ROCK, ¼ TURN

1-2 Touch ball of right foot in front of left, drop right heel
3-4 Touch ball of left foot to left side, drop left heel

Hands

1-2 Swing arms to right in chest height, click fingers
3-4 Swing arms to left in chest height, click fingers

5-6 Cross right foot in front of left, rock back on left foot
7-8 Step left ¼ turn right, hold

WALK FORWARD WITH CLAPS, STEP, HOLD, ½ TURN, HOLD

1-2-3-4 Step forward on left, clap hands, step forward on right, clap hands
5-6-7-8 Step forward on left, hold, pivot ½ turn right, hold

WALK FORWARD WITH CLAPS, STEP, HOLD, ¼ TURN, HOLD

1-2-3-4 Step forward on left, clap hands, step forward on right, clap hands
5-6-7-8 Step forward on left, hold, pivot ¼ turn right, hold

CROSS ROCK STEPS

1-2-3-4 Cross left foot in front of right, rock back on right, step left to left side, hold
5-6-7-8 Cross right foot in front of left, rock back on left, step right to right side, hold

CROSS ROCK STEP, PADDLE STEPS FULL TURN LEFT

1-2 Cross left foot in front of right, rock back on right
3 Step left to left side and begin a full turn paddle steps left

Now facing about 9:00

4 Rock ball of right slightly to the right of left foot
5 Continue the turn by stepping left to the left

Now facing about 5:00

6 Rock ball of right slightly to the right of left foot
7-8 Finish the turn by stepping left to the left (now facing 12:00), hold

CROSS ROCK STEPS

1-2-3-4 Cross right foot in front of left, rock back on left, step right to right side, hold
5-6-7-8 Cross left foot in front of right, rock back on right, step left to left side, hold

CROSS ROCK STEP, PADDLE STEPS FULL TURN LEFT

- 1-2 Cross right foot in front of left, rock back on left
- 3 Step right to right side and begin a full turn paddle steps right

Now facing about 3:00

- 4 Rock ball of left slightly to the left of right foot
- 5 Continue the turn by stepping right to the right

Now facing about 7:00

- 6 Rock ball of left slightly to the left of right foot
- 7-8 Finish the turn by stepping right to the right (now facing 12:00), hold

REPEAT
