

Don't Phunk With My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Bob Boesel (USA)
音乐: Don't Phunk With My Heart - Black Eyed Peas



Starts 32 counts after the first "No, no, no, no don't phunk with my heart"

CROSS ROCK, RECOVER, SHUFFLE ¼ TURN, STEP PIVOT ¾, SHUFFLE SIDE

- 1-2-3&4 Cross rock right over left, recover on left, step side on right, step left next to right, turn ¼ right stepping forward on right
- 5-6-7&8 Step forward on left, pivot ¾ turn right onto right, step side on left, step right next to left, step side on left (12:00)

ROCK BACK, RECOVER, SHUFFLE FORWARD, STEP FORWARD HIP, BACK HIP, SHUFFLE FORWARD

- 1-2-3&4 Rock back on right, recover on left, step forward on right, step left next to right, step forward on right
- 5-6-7&8 Step forward on left with hip bump forward, hip bump back taking weight on right, step forward on left, step right next to left, step forward on left (12:00)

CROSS STEP, STEP BACK, ¼ TURN SHUFFLE, CROSS STEP, TOUCH, KICK BALL CROSS

- 1-2-3&4 Cross step right over left, step back on left, ¼ turn right stepping right to side, step left next to right, step right to side
- 5-6-7&8 Cross step left over right, touch right toe next to left, kick right on right diagonal, step ball of right next to left, cross step left over right (3:00)

SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE STEP, TOGETHER, FORWARD SAILOR STEP, SCUFF

- 1-2-3&4 Rock right to side, recover on left, cross step right over left, step left to side, cross step right over left
- 5-6-7&8& Step left to side, step right next to left, cross step left over right, step side on right, step side on left, scuff right on left diagonal (3:00)

REPEAT

TAG

Done once before the basic dance, as an intro, then after walls 2 through 7, and finally after wall 12

DIAGONAL FORWARD TOUCH, TAP HEEL (2X), KICK, STEP BACK, COASTER STEP, SCUFF

- 1-2-3-4 Face left diagonal and touch right toe forward, tap right heel, tap right heel, low kick right forward (all steps on diagonal)
- 5-6&7-8 Step back on right, step back on left, step right next to left, step forward on left, scuff right forward (all steps on diagonal)