Don't Stop Movin!

级数: Intermediate

COPPER KNOE

30	
	音乐: Don't Stop Movin' - S Club 7
1-2	Step forward left, step forward right
3&4	Kick left foot, ¼ turn to the right with hitch left, step left near right
5&	Scoot back on left as right leg extends behind you, lock step right in behind left as you lift left knee
6&	Scoot back on right as left leg extends behind you, lock step left in behind right as you lift right knee
7&	Scoot back on left as right leg extends behind you, lock step right in behind left as you lift left knee
8&	Scoot back on right as left leg extends behind you, lock step left in behind right as you lift right knee
1&2	Point right to right, recover right near left, point left to left
3	Turn knees and bust to the left
4	Turn knees and bust to the right
5	Hitch right to the left
6	¼ turn to the right while stepping right forward
7-8	Step forward left, step turn to the right
1	Step left forward, look down and hands on the face, palms forward
2	Hold
3-4	Step back right, step back left
&5	Step back right slightly, step left across right
6	Big step right to the right
7	Start to recover left near right
&8	Step forward left (left foot turned to the left), 1/4 turn to the left with right pointed to the right
1-2	Snake roll to the right (body weight on right)
3	Step left across right
4	1/2 turn to the right (body weight on left)
5	Step right in right diagonal. Right index in the same direction of the right leg
6	Step left in left diagonal. Left index in the same direction of the left leg
7&8	Kick right, step back on right, pull in and tap left near right with left knee bent
REPEAT	
BREAK:	
There are	3 breaks of 4 counts at the end of 4th, 8th, and 12th walls
1	Kick left
2	Flick left back

- 2 Flick left back 3 Touch left near righ
- 3 Touch left near right
- &4 Snap right twice (once up, once down)

For the 5th wall, just dance the 16 first counts and restart the dance

拍数: 32

墙数:4

编舞者: Jeremie Tridon (FR)