

# Diggin' It!

拍数: 32      墙数: 4      级数:  
编舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音乐: I'm Diggin' It - Alecia Elliott



## ROCK, SIDE SHUFFLE, ROCK, ¼ TURN LEFT, FORWARD SHUFFLE

- 1-2      Rock right behind left, rock weight forward onto right
- 3&4      Side shuffle on right, left, right
- 5-6      Rock left behind right, rock weight forward onto right making ¼ turn left
- 7&8      Shuffle forward on left, right, left

## HEEL SWITCHES TURNING ¼ RIGHT, STOMP, HEEL SWITCHES, HEEL JACK, STOMP

- 9&10&      Touch right heel forward, step right in place, touch left heel forward, step left in place
- 11&12      Making ¼ turn right touch right heel forward, touch right toe beside left, stomp-up right toe beside left
- 13&14      Touch right heel forward, step right in place, touch left heel forward
- &15      Step back on left, touch right heel diagonally forward (2:00)
- &16      Step right in place, stomp left in place

## WALK X 3, KNEE-BEND, WALK X 3, KNEE-BEND

- 17-18      Walk forward on right, left
- 19-20      Walk forward on right, bend knees and then push up strongly through knees as legs are straightened (a smooth, swooping movement). During knee-bends arms are kept at sides, elbows bent at 90 degrees, fists clenched, moving back, down, forward and up as they mirror the swooping movement of the legs
- 21-22      Walk forward on left, right
- 23-24      Walk forward on left, bend knees and then push up strongly through knees as legs are straightened (arm movements as at step 20 above)

## BACKWARDS SHUFFLE, SCISSOR STEP TURNING ¼ RIGHT, RIGHT VINE, SYNCOPATED TOUCH, STEP

- 25&26      Shuffle backwards on right, left, right
- 27&28      Step left to left, step right together, make ¼ turn to right and step forward on left
- 29-30      Step right to right, cross left behind right
- 31&32      Step right to right, touch left toe beside right, step left to left

## REPEAT

## TAG

**After 2 walls dance the tag twice, after a further 2 walls dance the tag 3 times i.e. 2 walls, 2 tags, 2 walls, 3 tags, dance further walls to end. The tag is only danced on instrumental sections.**

- 1&2      Touch right heel forward, step right in place, hook left behind right and slap with right hand
- 3&4      Touch left toe to left, step left in place, touch right toe to right
- 5-6      Step right across left, unwind ½ turn left