

Ditched

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Trevor Smith (AUS) & Mark A. Smith (AUS)
音乐: Down In a Ditch - Joe Diffie



- 1-2 Fan right toe right, twist both heels right pivoting on ball of feet & bending knees
- 3-4 Twist both heels to original position as you straighten knees, close right toe fan
- 5-6 Step forward onto right foot, pivot ¼ turn left ending weight on left foot
- 7-8 Step forward onto left foot, pivot ½ turn left ending weight on left foot

- 9-10 Tap right heel straight forward, hitch right knee as you scoot forward on left foot
- 11-12 Repeat steps 9-10
- 13-14 Step backwards onto right foot, step backwards onto left foot
- 15-16 Step backwards onto right foot, step left foot in beside right

- 17-18 Stomp right heel across in front of left leg, hitch right knee as you hop slightly on the spot
- 19-20 Stomp right heel out to right side, hitch right knee as you hop slightly on the spot
- 21-24 Repeat steps 17 to 20

- 25-26 Stomp right foot across in front of left, hold
- 27-28 Stomp left foot backwards, hold
- 29-30 Stomp right with right foot, hold
- 31 Jump back onto right foot at 45 degrees right tapping left heel forward at 45 degrees left
- 32 Jump feet back together

- 33-34 Stomp left heel across in front of right leg, hitch left knee as you hop slightly on the spot
- 35-36 Stomp left heel out to left side, hitch left knee as you hop slightly on the spot
- 37-40 Repeat steps 33 to 36

- 41-42 Stomp left foot across in front of right, hold
- 43-44 Stomp right foot backwards, hold
- 45-46 Stomp left with left foot, hold
- 47 Jump back onto left foot at 45 degrees left tapping right heel forward at 45 degrees right
- 48 Jump feet back together

- 49-50 Step forward onto heel of right foot, drop full right foot to floor
- 51-52 Step forward onto heel of left foot, drop full left foot to floor
- 53-56 Repeat steps 49 to 52

- 57-58 Step right foot across in front of left, hold
- 59-60 Step left foot backwards, hold
- 61-62 Step right with right foot, hold
- 63-64 Stomp left foot in beside right, stomp right foot in place

REPEAT

To finish the dance in time and with all dancers performing the same steps, start the dance at the start of the vocals. The dance will end as you are performing steps 13 to 16. To end facing the front, you will need to turn a ¼ turn right on step 15 and stomp left foot in beside right on step 16.