Do It! Do It! Do It!



拍数: 32 编数: 2 级数: Intermediate

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音乐: Guys Do It All the Time - Mindy McCready



ROCK & STEP-RIGHT-LEFT-RIGHT-LEFT GOING FORWARD

1	Rock forward a	and cross	riaht over	left

& Step in place with left & at same time lift right

Rock forward and cross right over left
Swing left foot around in front of right
Rock forward and cross left over right

& Step in place with right & at same time lift left

4 Rock forward an cross left over right & Swing right foot around in front of left

5-8& Repeat 1&2&3&4&

SLOW ROCK-QUICK SWING BEHIND STEPS, BACKWARD MONTEREY TURN

9-10 Rock forward on right-rock back on left

& Swing right foot back

11&12 Step right behind left-& step left behind right-step right behind left

13 Touch left to left side

14 Bring left back beside right while making ½ turn left

15-16 Touch right to right side-step right beside left

MONTEREY TURN, CROSS & ROCK STEPS WITH LEFT

17 Touch left to left side

Bring left back beside right while making ½ turn left

19-20 Touch right to right side-step right beside left
21& Cross/step left over right-& step in place right
22& Cross/step left behind right-& step in place right
23& Cross/step left over right-& step in place right

24 Cross/step left behind right

CROSS & ROCK STEPS WITH RIGHT, ½ PIVOT-JUMP OUT-JUMP CROSS-JUMP OUT-JUMP TOGETHER

Cross/step right over left-& step in place left
 Cross/step right behind left-& step in place left
 Cross/step right over left-& step in place left

28 Cross/step right behind left

29 With feet in place, pivot ½ turn to right

30 Jump with feet apart

31 Jump with feet crossed right over left

& Jump with feet apart

32 Jump with feet landing beside each other

REPEAT