

Dancin' In Black

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Robyn-April Rivard-Darby (USA)
音乐: Men In Black - Will Smith



CLAP, CLAP! / STOMP / TRIPLE TURN

- 1& Weight on left foot, clap hands twice
- 2 Weight remaining on left foot, stomp right foot next to left foot
- (Variation: may be done as stomp, stomp, clap!)
- 3 Step right foot $\frac{1}{4}$ right, weight on it, to begin right-left-right triple step quarter turn (3:00)
- & Quickly step toe of left foot next to instep of right foot, weight on left, slightly raising heel of right foot
- 4 Complete triple step by stepping right foot down in place, weight on it

ROCK STEP / TRIPLE TURN

- 5 Step left foot forward, rocking weight to it
- 6 Rock weight back to right foot
- 7 Step left foot $\frac{1}{2}$ left, weight on it, to begin left-right-left triple step half turn (9:00)
- & Quickly step toe of right foot next to instep of left foot, weight on right foot, slightly raising heel of left foot
- 8 Complete turn and triple step by stepping left foot down in place, weight on it

ROCK STEP / TRIPLE TURN

- 9 Step right foot forward, rocking weight to it
- 10 Rock weight back to left foot
- 11 Step right foot $\frac{1}{4}$ right, weight on it, to begin right-left-right triple step quarter turn forward (12:00)
- & Quickly step toe of left foot next to instep of right foot, weight on left foot, slightly raising heel of right foot
- 12 Complete right-left-right triple step forward by stepping right foot forward, weight on it

BACK, HEEL / TOE, HEEL / TOE, HEEL / TOE, HEEL

(Moving progressively backward)

- 13 Weight remaining on right foot, step left foot back, heel raised
- 14 Press left heel down, weight on it
- 15 Weight remaining on left foot, step right foot back, heel raised
- 16 Press right heel down, weight on it
- 17 Weight remaining on right foot, step left foot back, heel raised
- 18 Press left heel down, weight on it
- 19 Weight remaining on left foot, step right foot back, heel raised
- 20 Press right heel down, weight on it

(Variation: on the song "Men In Black", do these steps 19 -20 as "bouncing reverse struts" on the wall (5th) where the words say "bounce with me")

LEFT, TOUCH / RIGHT, TOUCH

(Steps 21-28 are executed with fluidity and should be lead with a hip or body roll into each step)

- 21 Step left foot 45 degrees diagonally forward left, weight on it (11:00ish)
- 22 Weight remaining on left foot, slide to touch right toe next to left foot
- 23 Step right foot 45 degrees diagonally forward right (1:00ish)
- 24 Weight remaining on right foot, slide to touch left toe next to right foot

BACK, TOUCH / BACK, TOUCH

- 25 Step left foot 45 degrees diagonally back left, weight on it (7:00ish), facing right
- 26 Weight remaining on left foot, slide to touch right toe next to left foot
- 27 Step right foot 45 degrees diagonally back right, weight on it (5:00ish), facing left
- 28 Weight remaining on right foot, slide to touch left toe next to right foot

AND CROSS, STEP / AND CROSS, STEP/ AND CROSS, STEP / AND CROSS, STEP

- & Hop slightly, switching weight to left foot
- 29 Cross right foot over left foot, weight on right foot
- 30 Step left foot to left side, weight on it
- & Hop slightly, switching weight to right foot
- 31 Cross left foot over right foot, weight on left foot
- 32 Step right foot to right side, weight on it
- &33-36 Repeat steps &29-32

TURN, 2, 3 / TOUCH

- 37 Begin ¼ turn left by stepping left foot 45 degrees diagonally forward, weight on it (11:00ish)
- 38 Step right foot next to left foot, weight on right foot
- 39 Complete ¼ turn left by stepping left foot 45 degrees left, weight on it (9:00)
- 40 Weight remaining on left foot, touch right toe next to left foot

KICK-BALL-TOUCH / KICK-BALL-TURN / KICK-BALL-TURN / KICK-BALL-TOUCH

- 41 Weight remaining on left foot, kick right foot forward
- & Quickly step right foot home, weight on it
- 42 Weight remaining on right foot, touch left toe next to right foot
- 43 Weight remaining on right foot, kick left foot forward
- & Step left foot ¼ left, weight on it (6:00)
- 44 Weight remaining on left foot, touch right toe next to left foot
- 45 Weight remaining on left foot, kick right foot forward
- & Step right foot ¼ left, weight on it (3:00)
- 46 Weight remaining on right foot, touch left toe next to right foot
- 47 Weight remaining on right foot, kick left foot forward
- & Quickly step left foot next to right foot, weight on left foot
- 48 Weight remaining on left foot, touch right toe next to left foot

Variation: on the 5th wall for the song "Men In Black" only -skip steps 43&44-where Will Smith sings "freeze" - just hold & then turn & continue with step 45

REPEAT
