

Dancing On Sunshine

COPPER KNOB
STEPSHEETS

拍数: 60 墙数: 4 级数: Intermediate
编舞者: Sarah Byrne (UK)
音乐: Walking on Sunshine (Mark Kamin's Radio Mix) - Dolly Parton



POINTS BACK TWICE. ROCK AND CROSS TWICE

1-2 Point right toe to right side, step back on right foot
3-4 Point left toe to left side, step back on left foot
5&6 Rock to right side on right, return weight onto left, cross right over left
7&8 Rock to left side on left, return weight onto right, cross left over right

TURN, SIDE SHUFFLE, MAMBO ROCKS FORWARD & BACK

1-2 Make a full turn right, stepping onto right and onto left
3&4 Side shuffle to right side on right stepping right, left, right
5&6 Rock forward onto left foot, return weight back onto right, step left in place
7&8 Rock back onto right foot, return weight forward onto left, step right in place

TURN, SIDE SHUFFLE, MAMBO ROCKS FORWARD & BACK

1-2 Make a full turn left, stepping onto left and onto right
3&4 Side shuffle to left side on left stepping left, right, left
5&6 Rock forward onto right foot, return weight back onto left, step right in place
7&8 Rock back onto left foot, return weight forward onto right, step left in place

STEP ½ PIVOT TURN, BUMP HIPS RIGHT, LEFT. REPEAT

1-2 Step forward on right, pivot ½ turn left
3-4 Step side on right bump hips right, step side on left bump hips left
5-6 Step forward on right, pivot ½ turn left
7-8 Step side on right, bump hips right. Step side on left bump hips left

HEEL BALL CROSS, SIDE ROCK, SAILOR STEP, STOMP, STOMP

1&2 Touch right heel forward, step right back to place, cross left over right
3-4 Rock to side on right, return weight back onto left
5&6 Cross right behind left, step side on left, step right in place
7-8 Stomp left foot twice (no weight)

HEEL BALL CROSS, SIDE ROCK, SAILOR STEP, STOMP, STOMP

1&2 Touch left heel forward, step left back to place, cross right over left
3-4 Rock to side on left, return weight back onto right
5&6 Cross left behind right, step to side on right, step left in place
7-8 Stomp right foot twice (no weight)

TOE STRUTS WITH CLICKS, ¼ PIVOT TURN, CROSS SHUFFLE

1-2 Step forward onto right toe, drop heel to ground. (raise arms shoulder height and click fingers.)
3-4 Step forward onto left toe, drop heel to ground. (raise arms shoulder height and click fingers.)
5-6 Step forward on right foot, pivot ¼ turn left
7&8 Cross shuffle to left, crossing right, step side on left, cross right

SIDE, TOGETHER (OPT:SHIMMY), COASTER STEP

1-2 Step to side on left, step right next to left, optional-shimmy
3&4 Step back on left, together with right, forward on left

REPEAT
