Deeply Completely



拍数: 48 墙数: 2 级数: Intermediate waltz

编舞者: Rob Fowler (ES)

音乐: Completely - Collin Raye



1/4 TURN WALTZ STEPS (X 4) TO MAKE DIAMOND SHAPE

1 Step diagonally-forward left on left foot

- 2 Recover weight onto right foot, turning to face ¼ left
- 3 Step on left foot beside right
- 4 Step diagonally-back right on right foot
- 5 Recover weight onto left foot, turning to face ¼ left
- 6 Step on right foot beside left
- 7 Step diagonally-forward left on left foot
- 8 Recover weight onto right foot, turning to face ¼ left
- 9 Step on left foot beside right
- 10 Step diagonally-back right on right foot
- 11 Step to left on left foot turning ¼ left to face starting wall
- 12 Hold prep right shoulder for turn, right foot touched out to right side

1 1/4 TURN TO RIGHT, SLOW PIVOT (1/2) TURN

13	Step to right on right foot turning ¼ right
14	Turn ½ right, stepping back onto left foot
15	Turn ½ right, stepping forward onto right foot

- 16 Step forward on left foot
- 17 Pivot ½ right, keeping weight back on left foot (right foot is touched forward)
- 18 Push weight forward onto right foot

LUNGE, RECOVER, STEP BACK

- 19 Rock forward onto left foot (lunge, right knee is bent)
- 20 Recover weight back onto right foot
- 21 Step back on left foot

1/2 TURN, SWEEP 1/2 TURN; HOLD (TOUCH)

- 22 Step back on right foot turning ½ right
- 23 Sweep left foot around, turning another ½ right on the ball of right foot
- 24 Hold (optional touch left foot beside right)

You may find that it is easier to make the sweep (ronde) last for the full 2-counts, and actually "over sweep" the left foot across the right, to prepare for count 25.

SLOW FULL MONTEREY TURN

25	Cross-step left foot over right
26	Point right foot out to right side

- 27 Hold
- 28 Turn full turn to right on ball of left foot, stepping down onto right foot beside left
- 29 Point left foot out to left side
- 30 Hold

LEFT TWINKLE, RIGHT TWINKLE 1/2 TURN

31	Cross-step left foot over right
32	Step on right foot beside left

33 Step on left foot in place angling body to left diagonal

34 Cross-step right foot over left

35 Step to left on left foot turning ½ right

36 Step to right on right foot

LEFT TWINKLE, WEAVE ('FRONT, SIDE, BEHIND')

37	Cross-step left foot over right
38	Step on right foot beside left

39 Step on left foot in place angling body to left diagonal

40 Cross-step right foot over left

41 Step to left on left foot

42 Cross-step right foot behind left

STEP LEFT, DRAG / TOUCH

Large step to left on left foot
Drag right foot towards left foot
Touch right foot beside left

1 1/4 TURN TO RIGHT

Step to right on right foot turning ¼ right
Turn ½ right, stepping back onto left foot
Turn ½ right, stepping forward onto right foot

REPEAT