# **Delicious!**



拍数: 32 编数: Improver east coast swing

编舞者: Chris Williams (UK)

音乐: Baby, It's Cold Outside - Cerys Matthews & Tom Jones



## The choreographer was age 15 when this dance was written.

## TOE TOUCHES, ROCK, COASTER AND TURN

1-2 Touch right toe forward, touch right toe back3-4 Rock forward on right, recover onto left

5&6 Coaster step on right

7-8 Step forward on left, pivot ½ turn right

#### TRIPLE STEPS AND KICKBALL CHANGE

1&2 Cross shuffle left over right

3&4 Side shuffle to right

Triple step left, right, left, turning ½ turn left

7&8 Kickball change on right

#### SHUFFLES AND SIDE ROCKS

1&2	Shuffle diagonally forward/right on right
3&4	Shuffle diagonally forward/left on left
5	Rock to right side on right, swaying body to right
6	Rock to left side on left, swaying body to left

7 Rock to right side on right, swaying body to right

8 Rock to left side on left, swaying body to left and bringing right to touch by left

#### **KICK BALL CHANGES AND TURNS**

1&2 Kick ball change on right

3-4 Step forward on right, pivot ¼ turn left 5-6 Step forward on right, pivot ¼ turn left

7&8 Kick ball change on right

# **REPEAT**