Dem Dancin' Bones

拍数: 32

级数: Intermediate

编舞者: Christopher Petre (USA)

音乐: Drinkin' Bone - Tracy Byrd

SUGARFOOT, CROSSING SHUFFLE, ROCK RECOVER, CROSS BACK BACK

- Touch right toe next to left in-step with knee turned in, tap right heel forward with knee turned 1-2 out
- 3&4 Cross step right in front of left, step left to left side, cross step right in front of left
- 5-6 Rock left onto left, recover weight onto right
- 7&8 Cross step left in front of right, step back on right, step left in place next to right

STEP, HOOK, SHUFFLE STEP, ROCK QUARTER CROSS, AND SAILOR STEP

- 1-2 Step forward on right, turn 1/2 left as you hook left heel across right shin
- 3&4 Shuffle forward left, right, left
- 5&6 Rock forward onto right, recover back onto left turning ¼ left, cross step right in front of left
- &7&8 Step left to left side, step right behind left, step left to left side, step right to right side (optional-stomp)

CROSS, POINT, CROSSING SHUFFLE, STEP, HITCH, BUMP AND BUMP

- 1-2 Cross step left in front of right, turn to face diagonally left (11:00) as you point right toe out to side
- 3&4 Cross step right in front of left, step left to left side, cross step right in front of left
- 5-6 Step ¼ left on left, hitch right knee up as you turn ¼ left
- 7&8 Step right to right side as you bump hips right, center, right (weight ends on right)

AND POINT, BEHIND SIDE CROSS, SIDE, TURN, CLAP, TURN, STAMP

- &1 Step left next to right, turn to face diagonally right (1:00) as you point right toe out to right side
- 2&3 Step right behind left, step left to left side, cross step right in front of left
- 4 Step left to left side (optional-stomp)
- 5-6 Turn ¹/₂ right placing right to right side, take weight on right and clap
- 7-8 Turn ¹/₂ right stepping left next to right, clap and stamp right in place twice for &8 (weight on left)

REPEAT





墙数:4