

Cuban Heels

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Terry Hogan (AUS)
音乐: I'll See You In C-U-B-A - K.T. Oslin



- 1 Rock-step right foot slightly forward at right diagonal and push hips forward
- 2 Rock weight back onto left foot and sway hips back over left foot
- 3-4 Repeat original counts 1-2. Hips should circle to the right.
- 5 Rock forward onto right foot
- &6 Step left foot beside right, step right foot slightly forward
- This isn't a shuffle. It only moves very slightly forward**
- 7-8 Step forward on left foot, on ball of foot make $\frac{1}{2}$ pivot turn right stepping weight forward onto right foot

- 9 Rock-step left foot slightly forward at left diagonal and push hips forward
- 10 Rock weight back onto right foot and sway hips back over right foot
- 11-12 Repeat counts 9-10. Hips should circle to the left.
- 13 Rock forward onto left foot
- &14 Step right foot beside left, step left foot slightly forward
- 15-16 Step forward on right foot, on ball of foot make $\frac{1}{2}$ pivot turn left stepping weight forward onto left foot

- 17-18 Step right foot to the right side, step left foot across behind right
- 19& Step right foot to the right side, slide-step left foot beside right
- 20& Step right foot to the right side, slide-step left foot beside right
- 21-22 Step right foot to the right side, hold. Feet should be apart
- 23-24 Kick left foot diagonally left, step left foot behind right

- 25-26 Step right foot to the left side, step left foot to the left side
- 27& Step right foot across behind left, step left foot to the left side
- 28& Step right foot across in front of left, step left foot to the left side
- 29-30 Step right foot across behind left, step left foot to the left side
- 31 Step right foot beside left
- &32 Step left foot to the left side, touch right heel to the right side

- 33 Step right foot slightly back and to the right side
- 34 Step left foot across in front of right
- 35-36 Step right foot to the right side, touch left heel to the left side
- 37 Step left foot slightly back and to the left side
- 38 Step right foot across in front of left
- 39-40 Step left foot to the left side, touch right heel to the right side

- 41 Step right foot slightly back and to the right side
- 42 Step left foot across in front of right
- 43&44 Shuffle to the right side making $\frac{1}{4}$ turn left. The end of the shuffle will become a backward move.
- 45&46 Shuffle backward left-right-left making $\frac{1}{2}$ turn left. The end of the shuffle should be a forward move.
- 47 Rock-step forward on right foot
- 48 Rock backward onto left foot making $\frac{1}{2}$ turn right

- 49-51 Step forward right-left-right
52 Touch left toe to the left side and look left
53-55 Step forward left-right-left
56 Touch right toe to the right side and look right

As an option, 51-52 and 55-56 can each be done as three counts-51&52 and 55&56. This means that the touch step becomes a step onto the ball of the foot on the "&", then push to transfer weight forward to the opposite foot, like a traditional samba step.

- 57-58 Rock-step right foot forward, rock backward onto left foot making ½ turn right
59 Step right foot forward
60-61 Rock-step left foot forward, rock backward onto right foot making ½ turn left
62 Step left foot forward
63-64 Step right foot forward, on ball of foot make ½ pivot turn left stepping weight forward onto left foot

REPEAT

For anyone wanting to make the dance more challenging, try doing counts 33-40 at double time. You will do the move 4 times instead of twice.

The suggested song has a spoken intro. Thn start after the 8 count guitar intro on the word "Cuba".
