

Cut A Rug

拍数: 32 墙数: 2 级数: Ultra Beginner
编舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA)
音乐: Roll Back The Rug - Scooter Lee



Alt. Music:

Stuck Like Glue by Sugarland.

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH

- 1-2 Step right to side, step left together
- 3-4 Step right to side, touch left together
- 5-6 Step left to side, step right together
- 7-8 Step left to side, touch right together

The above 8 counts can be done as a vine right and left by crossing behind on counts 2 and 6

DIAGONAL STEP TOUCH

- 1-2 Step right diagonally forward, touch left together
- 3-4 Step left diagonally back, touch right together
- 5-6 Step right diagonally back, touch left together
- 7-8 Step left diagonally forward, touch right together

FORWARD DIAGONAL SLIDE RIGHT AND LEFT

- 1-2 Step right diagonally forward, slide left together
- 3-4 Step right diagonally forward, scuff left forward
- 5-6 Step left diagonally forward, slide right together
- 7-8 Step left diagonally forward, scuff right forward

The above 8 counts can be done with a lock step by crossing slightly behind on counts 2 and 6

STEP, HOLD, TURN ¼ LEFT, HOLD, STEP, HOLD, TURN ¼ LEFT, HOLD

- 1-2-3-4 Step right forward, hold, turn ¼ left (weight to left), hold
- 5-6-7-8 Step right forward, hold, turn ¼ left (weight to left), hold

REPEAT