Dame Salsa (Give Me Salsa)

拍数: 64   **墙数:** 0   **级数:**

编舞者: David Levesque (USA)

音乐: I'm Alright - Jo Dee Messina

Position: Begin with two lines facing each other, everyone is offset, to allow the lines to pass through each other.

LEFT SIDE BREAK, RIGHT SIDE BREAK
1-4	Step left to left, replace weight to right, step left next to right, hold on count 4
5-8	Step right to right, replace weight to left, step right next to left, hold on count 8

ONE RIGHT HALF-PIVOT TURN, ONE LEFT HALF PIVOT TURN
1-4	Step forward on left doing a half turn right, replace weight to right, step left next to right, hold
5-8	Step forward on right doing a half turn left, replace weight to left, step right next to left, hold

THREE PROGRESSIVE STEPS FORWARD, ROCK BACK AND ¼ TURN RIGHT
1-4	Rock back on left, recover on right, progress forward on left, hold
5-8	Rock back on right, recover on left, progress forward on right, hold
9-12	Rock back on left, recover on right, progress forward on left, hold
13-16	Rock back on right, recover on left, step right next to left doing a ¼ turn right, hold

TWO SETS OF SIDE BREAKS, AS IN FIRST 8 COUNTS, WITH NOISE ON 2ND AND 4TH
1-4	Step left to left, replace weight to right, step left next to right, hold
5-8	Step right to right (saying hey), replace weight to left, step right next to left, hold
9-16	Step left to left, replace weight to right, step left next to right, hold
17-24	Step right to right (saying hey), replace weight to left, step right next to left, hold

THREE PROGRESSIVE STEPS FORWARD, ROCK BACK AND ¼ TURN RIGHT
1-4	Rock back on left, recover on right, progress forward on left, hold
5-8	Rock back on right, recover on left, progress forward on right, hold
9-12	Rock back on left, recover on right, progress forward on left, hold
13-16	Rock back on right, recover on left, step right next to left doing a ¼ turn right, hold

REPEAT
Once you have the pattern try it in progressive circles. Every other time through the dance do the ¼ turns to the left instead of to the right. Begin with two circles, inside circle facing outside line of dance, outside circle facing inside line of dance, everyone is offset, to allow the circles to pass through each other.