Dan's Way

拍数: 28

级数: Beginner

编舞者: Iris M. Mooney (USA)

音乐: Heartbreak Hotel - Scooter Lee

TOUCH LIFTS

- 1-2 Touch right-toe to right side, lift right-knee, bring it up pointing to side of left-knee,
- 3-4 Touch right-toe out to right side, and back next to left
- 5-6 Touch left-toe out to left side, lift left-knee, bring it up pointing to side of right-knee,
- 7-8 Touch left-toe out to left side, and back next to right

KICKS WITH SAILOR SHUFFLES

- 9-10 Kick right forward twice
- 11&12 Right-sailor shuffle
- 13-14 Kick left forward twice
- 15&16 Left-sailor shuffle

1/2 TURN, SHUFFLE, SAILOR SHUFFLES

- 17-18 Step right forward, turn ½ left step left
- 19&20Shuffle in place (right-left-right)
- 21&22 Sailor shuffle (left-right-left)
- 23&24 Sailor shuffle (right-left-right)

1/4 TURN SHUFFLE

- 25-26 Step left forward, turn ¼ right step right
- 27&28 Shuffle in place (left-right-left)

REPEAT





墙数:4